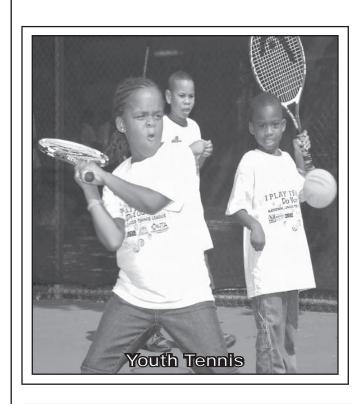
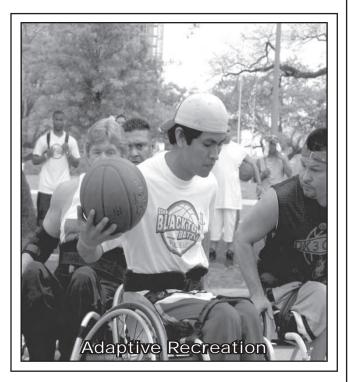
# Houston Parks and Recreation Department

# Summer Activities In The Park

Program Guide & Class Catalog

**VOLUME 4- ISSUE 1 - 2009** 











# Friends, Fun and Food

Amigos, diversión y comida gratis

# Summer Food Program

Hey, Parents and Guardians!

**FREE** summer meals are available for youths ages 1-18. No registration is required to eat; just show up at a site near you!

June 1 to August 14, 2009

In more than 400 operating sites Lunch 11:00 a.m. - 1:00 p.m. Snacks 3:00 p.m. - 4 p.m.

For a Summer Food site near you, call

(713) 676-6832 or 2-1-1



# Programa de Alimentos Durante el Verano

iHola padres y tutores!

Comidas **GRATIS** durante el verano para niños y adolescentes de 1 a 18 años. No tienen que inscribirse, isólo presentarse en el sitio más cercano!

#### Del 1° de Junio al 14 de Agosto 2009

En más de 400 sitios 11:00 a.m. - 1:00 p.m. Almuerzo 3:00 p.m. - 4:00 p.m. Refrigerio

Para un sitio cercano, llame al

(713) 676-6832 ó 2-1-1 Houston Parks and Recreation Department

# Lifeguard Jobs

Pool Supervisors, Head Lifeguards, and Lifeguards



# Pool Supervisors, Head Lifeguards and Lifeguards

Description: Provide lifeguarding duty assigned Swimming Pools throughout Houston for 37 different site locations.

Requirements: Must be 16 years of age. Must pass American Red Cross Lifeguard Training course apporved by Houston Parks and Recreation Department Aquatics Administration. Certified applicants must pass a drug test and criminal history background check.

Starting Salary: \$9.50 hourly Employment Period: May 16, 2009 to

September 7, 2009

Location: Aquatics Office

6402 Market Street Houston, TX 77020

Information: (713) 670-5501

Monday - Friday

9:00 a.m. - 5:00 p.m.



A CAPRA Accredited Agency

# **DEPARTMENT'S MISSION STATEMENT**

"To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community."

#### PARK RULES AND REGULATIONS

•	Park hours of operation for all city parks are 6:00
	a.m. to 11:00 p.m. Unless otherwise posted.

- Glass bottles and glass containers are prohibited.
- Camping in city parks is prohibited except at Lake Houston Park where fee based camping is permitted by reservation only.
- · No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in city parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs.
   City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our green spaces clean.
- For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

# ACTIVITIES IN THE PARK PROGRAM GUIDE AND CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year-round basis. The "Activities in the Park Program Guide and Catalog" is printed three times a year to provide you with a guide to the department's programs and activities. Printed copies are available at your local community centers and online at www.houstonparks.org.

- 2009 Summer Activities in the Park April 1, 2009
- · 2009 Fall Activities in the Park August 1, 2009
- · 2009 Winter/Spring Activities in the Park December 1, 2009

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# A MESSAGE FROM THE DIRECTOR



We do not inherit the earth from our ancestors, we borrow it from our children.

- Native American Proberb

Here come those long, glorious days of summer, and with them come endless outdoor recreational opportunities! Houston has 350 developed parks, over 200 green spaces, and more than 95 miles of exercise trails maintained for your enjoyment by the Houston Parks and Recreation Department. The 57 HPARD community centers placed strategically around the city offer classes and recreational programs for youth, adults, and seniors and sports teams.

Hot weather brings crowds to neighborhood swimming pools, and, along with every public pool in America, Houston's aquatic centers are being outfitted with improved filter systems in order to meet new federal rules. Please note that our opening schedule will be conducted in two phases as we complete the work needed to comply with the new law.

It's hard to belief that it's been just a year since the Lee & Joe Jamail Skatepark opened. We've had an amazing number of skaters register to skate with us. And who could blame them for their enthusiasm since it is one of the world's largest and most exciting in-ground skate facilities. With 30,000 square feet of bowls, rails, slopes, and the largest cradle in the world, it is the scene of plenty of activity year-round, and that is especially true of the summer season. Come test your skills on wheels, or just drop by and watch the amazing action!

Memorial Park is the location for the Vale-Asche Playground for All Children, an enormous facility providing a wonderful play environment for everyone, including those with different physical and sensory abilities. This year, we are proud to say we've opened a second Playground Without Limits at Alief Park. And soon a third will open at T.C. Jester Park.

As we have for the last 25 years, the Department operates the Summer Food Service Program and provides **FREE** nutritious lunches and snacks to youth ages 1 to 18. The program runs from June 1 through August 14 and provides over 400 sites where **FREE** meals and snacks are available to young people when school is out for the summer. No registration is necessary. To find a location near you, dial 2-1-1 and give the operator your zip code.

The pages of this catalog offer many opportunities for recreation, learning, and play, and I feel sure there is something in here for everyone. We hope to see you out and about this summer! Remember, time spent in the great outdoors is an investment in fun and good health!

Joe Turner, Director

& Turner

Houston Parks and Recreation Department

# Houston Parks and Recreation Department - (713) 865 - 4500

Birds & Bayous of Houston

Join us for fun activities and field trips that explore Houston's birds and bayous. This **FREE** program aims to connect children with nature by increasing their awareness of Houston's important ecological resources (birds and bayous). The program provides hands-on outdoor experiences in a fun setting.

Youth and seniors will learn about birds on guided hikes, take a tour along Buffalo Bayou, and visit Galveston Bay.

Funded in part by a grant from the Texas Commission on Environmental Quality AND U.S. Environmental Protection Agency.

 Ages:
 9-18 and 55 +

 Registration:
 May 1 - May 30

Fees: FREE

Dates:June 1 – August 7Location:To be determinedInformation:(713) 865-9356



Summer Food Program

School may be in recess for the summer but that doesn't mean the end to **FREE** lunches and snacks for students thanks to HPARD's Summer Food Program.

Youth ages 1-18 can receive a **FREE** lunch and snack from June 1 through August 14 at more than 400 sites throughout Houston and Harris County. Participating sites include HPARD community centers, churches, apartment complexes, learning centers, YMCA, youth organizations, schools and many other non-profit agencies. There's sure to be a site close to you!

To find a site near you call 2-1-1 or (713) 676-6832 and give the operator your zip code. They'll assist with finding the site closest to you.

Ages: 1 - 18
Registration: Not Required
Fees: FREE

Program Dates: June 1– August 14

Times: 11:00 a.m. – 1:00 p.m. (lunch) 3:00 p.m. – 4:00 p.m. (snack)

**Location:** Call 2-1-1 for site location by zip code

or Visit www.houstonparks.org for a

listing by zip code (713) 676-6832

Summer Enrichment Program

Enjoy arts and crafts, games, entertainment, special events, sports, water fun, nature explorations and a variety of day camp style activities at HPARD Community Centers throughout Houston. This program is open to youth ages 6 – 13, register at a community center near you. Check our community center listing at the back of the catalog for a complete listing of HPARD community centers.

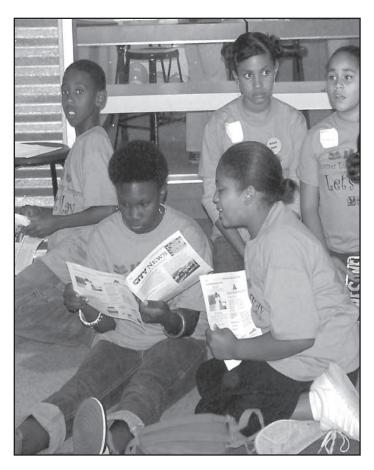
A fee is required for participation in this program; however, some participants may qualify for fee exemption. For details on the fee exemption policy, contact your community center personnel. The price structure for HPARD community centers run by the YMCA are different. YMCA run community centers are indicated in our community center listing on the back of the catalog.

Ages: 6 - 13 Registration: April 14

Fees: \$30 per child per week
Program Dates: June 1 – August 7
Times: 8:00 a.m. – 6:00 p.m.
Location: HPARD Community Centers

**Information:** (713) 865-4508 (713) 865-4509

(713) 865-4512 (713) 865-9356



Information:



Healthy Kids-Houston

The Houston Parks and Recreation Department is helping kids lead a more active lifestyle through a "have fun and be fit" initiative called Healthy Kids - Houston. Parents must attend a Parent Orientation and sign a consent form.

Program collaborators include Baylor College of Medicine, Texas Children's Hospital including Texas Children's Pediatric Associates, the Children's Nutrition Research Center and the Houston Metropolitan Transit Authority. Funding is provided by a grant from the U.S. Department of Agriculture through the Cooperative State Research, Education, and Extension Service.

**Ages:** Boys and Girls 9 - 12 **Registration:** May 4 - May 29, 2009

Fee: FREE

Program Dates: June 16 – July 23, 2009 Locations: Sharpstown (KM 530F) 6600 Harbortown, 77036

6600 Harbortown, 77036 Cherryhurst (KM 492R) 1700 Missouri, 77006

**Information:** (713) 865-9384 (713) 798-7007



The Athletes Seeking Knowledge (A.S.K.) Program assists Houston area students registered in HPARD's Summer Enrichment or other recreational sports program in attaining academic success. A.S.K. provides free educational support, resources and tools to equip middle school and high school students to excel academically. Contributions to the A.S.K. Education Fund help provide scholarships and resources to assist young people in the pursuit of a college education, trade school program, or to help improve their current academic standing through tutoring and academic preparation programs. Since its inception in 2000, A.S.K. has awarded \$65,000 in scholarships and education incentives to Houston areastudents. The annual ASK Scholarship Awards Gala will be held June 13 at Minute Maid Park to salute our outstanding 2009 scholarship recipients. For A.S.K scholarship application information, please contact your local community center.

**Ages:** 13 - 18

**Registration:** Application forms available

at community centers

Fees: FREE

**Locations:** All Community Centers

**Information:** (713) 865-9384



Healthy Kids-Houston Instructors Needed

Immediate openings for high-energy, enthusiastic, Physical Activity Instructors, Nutrition Instructors, and Water Fitness Instructors with a passion for teaching young people the importance of a healthy lifestyle.

This is a grant-funded, collaborative research project with Baylor College of Medicine and Texas Children's Hospital. The program is offered two days a week for six weeks, in 3 sessions. One session begins this summer. Additional sessions start-up in the fall.

Please submit a cover letter and qualifications that highlight your background and experience in fitness education, youth instruction, recreation, nutrition, or water fitness.

Contact: tina.ortiz@cityofhouston.net.



# Houston Parks and Recreation Department - (713) 865 - 4500

Hershey's Track and Field Program

If you like to RUN, JUMP or THROW, the Houston Parks and Recreation Department invites you to join the **FREE** Hershey's Track and Field Program. Boys and girls, ages 6-14, will learn basic track and field events and have the opportunity to advance to state finals. This program is sponsored in part by The Jacob and Terese Hershey Foundation.

Hershey's Track and Field Program is open to all track and field clubs and school team members and individuals. No experience is necessary. A **FREE** t-shirt will be provided.

Events include: 50-meter dash, 100-meter dash, 200, 400, 800 and 1600-meter run, 4x100 meter relay, standing broad jump and softball throw. Register at your local community center. Spikes ARE NOT allowed.

**Ages:** 6 – 14 \*

**Registration:** To be held at your local

community center

Track Meet Dates: June 9, Tuesday, Hershey's Qualifier

July 7, Tuesday Recreation Championships

9:00 a.m. - 2:00 p.m.

**Time:** Barnett Sports Complex **Location:** 6800 Fairway, 77087

(713) 865-4517

**Information:** (713) 865-4512

As of December 31, 2009





#### Houston Small-Sided Soccer League

Register for the Houston Parks and Recreation Department's Youth 6 vs. 6 Small-Sided Soccer League. Experience a faster paced game while improving your soccer skills! **FREE** Houston Youth Soccer League t-shirts and a pair of shin guards will be provided for participants.

Registration for all youth sports leagues will be held at select league locations one (1) month prior to start date. Teams and community based league play will be determined based on individual registration. Pre-registration is required. No experience is necessary. Volunteer coaches are needed!

**Ages:** 4 -18 \*

**Registration:** May 4 - May 29

Fees: FREE

Program Dates: June 20 - July 31

**Times:** 6:00 p.m.- 9:00 p.m., Monday - Friday

9:00 a.m.- 2:00 p.m., Saturday

**Location:** Clark (KM 453B)

9718 Clark, 77076

**Information:** (713) 742-1497

\* As of September 1, 2008

Houston Youth Soccer Program



This fun recreational soccer program is designed to encourage children ages 4-18 to develop physically and socially through the sport of soccer. Participants will sharpen their skills while learning the importance of sportsmanship and fair play. No experience is necessary. Summer league runs for six weeks.

The program is offered year round in three (3) divisions: Instructional, Recreational, and Advanced Recreational. The divisions are formed based on the registration numbers. The Instructional League Division is comprised of teams with less than 40 registered participants. The Recreational League Division is comprised of teams with more than 40 children registered (teams are formed from individual registration) and the Advanced Recreational Division is comprised of pre-formed teams that are accepted for league play.

**FREE** Houston Youth Soccer League T-shirts and shin guards are provide to registered teams thanks to our program sponsor Fiesta Mart, Inc. All leagues are required to submit requested registration and supporting documentation by May 29, 2009.

**Ages:** 4 – 18 \*

**Registration:** May 4 - May 29

Fees: FREE

Program Dates: June 20 - July 31

Times: 6:00 p.m.- 9:00 p.m., Monday - Friday

9:00 a.m.- 2:00 p.m., Saturday

**Information:** (713) 865 - 4516

#### **Northeast**

 Melrose (KM 413T)
 1001 Canino, 77076
 (281) 447-0514

 Moody (KM 453Y)
 3725 Fulton, 77009
 (713) 692-6925

 Shady Lane (KM 414W)
 10220 Shady Lane, 77093
 (713) 742-1503

**Southeast** 

Milby (KM 535G) 2001 Central, 77017 (713) 645-8433



<sup>\*</sup> As of September 1, 2008



# The First Tee of Houston at FM Law Park

Junior Golfers come and play one of America's favorite sports at HPARD'S First Tee of Houston at FM Law Park. Our mission is to positively impact the lives of young people in the greater Houston area by "promoting character development and life-enhancing values through the game of golf." The First Tee of Houston at FM Law Park strives to instill it's nine core values (Confidence,

Courtesy, Honesty, Integrity, Judgment, Perseverance, Respect, Responsibility and Sportsmanship) into all participants.

Through the Life Skills Experience, young people discover how skills essential to success on a golf course can help them flourish in life. These skills include self-management, interpersonal communication, goal setting, mentoring, and effective conflict resolution. The curriculum was developed by experts and is delivered by trained First Tee coaches. The First Tee of Houston at F.M Law Park is closed on Holidays, Sundays, and Mondays.

#### Player Level

Player is a level; The Player level is inserted after Target and before the Par level. It is the new entry level of certification for the Life Skills Experience and builds on the fact youth have many opportunities to play a variety of sports. The Player level introduces how to play the game of golf with special emphasis on learning golf and life skills, appreciating the rules and etiquette of the game, and developing your game in golf and life. Player is who plays the game of golf; this means that young people enter The First Tee as Players, and as they progress through the Life Skills Experience, they learn golf and life skills which enable them to become Par level Players, Birdie level Players, Eagle level Players, Ace level Players, and, ultimately, Players for life.

#### Target Level

Target is an exciting new addition to The First Tee Life Skills Experience. It was developed to ensure that all participants are introduced to golf in an enjoyable manner, while seamlessly emphasizing essential links between golf and life skills. Target is intended for more limited introductions to the game of golf through The First Tee outreach efforts, clinics and drop-in sessions. It provides opportunities for participants to learn basic golf concepts and life skills before committing the time required to succeed in more advanced The First Tee development programs. Although Target is not a comprehensive, long-term coaching strategy, it can serve as an introduction to golf and life skills prior to more advanced certification levels of The First Tee Life Skills Experience. Target promotes curiosity about the game through a safe and fun environment. Positive, early learning experiences will help young people develop interest in the game and receive specific guidance about engaging in the Life Skills Experience at The First Tee.

#### Par Level

Participants will focus on interpersonal communication and self-management skills. Participants will learn how to introduce themselves, respect others, keep a positive attitude, and control their emotions. Once participants complete the 6-week session, they must become Par Level Certified. This is achieved by successfully completing a written life skills and golf knowledge test covering information taught in the Par class and a series of olf skills administered by an instructor. This ensures that the child thoroughly understands and can apply the life skills for the Par level. Participants remain in Par level until their 10th birthday and in order to move on to the Birdie level they must satisfy all Par level requirements.

#### Birdie Level

Of all the life skills addressed, goal-setting is one of the most important and will be focused on throughout the 4-week Birdie class. Young people with the ability to set and pursue their own goals have a greater sense of purpose, direction and motivation in their lives. Participants must be at least 10 years old to register for the Birdie class and have demonstrated the ability to apply the life skills introduced in the Par level. In order to progress to the Eagle level participants must be able to pass the knowledge and skills test, interview with an instructor over the components introduced in Par and Birdie level and be 13 years old.

#### Eagle Level

While the emphasis in the Par and Birdie levels is on the individual, the Eagle level focuses more on group and community interaction. The lessons provide advanced instruction and practice in mastering Par and Birdie level skills, as well as additional topics such as conflict resolution, mentoring and career planning. Participants learn to deal more effectively with others so they can become good citizens and exert positive influence both at The First Tee and in their communities. Participants must be at least 13 years old, and Birdie certified to register for the Eagle level. We encourage all participants to volunteer once they've become Eagle level certified either at The First Tee or another service organization of their choice. Volunteering has made the difference in determining whether or not a student is accepted into various universities as well as receiving scholarships.

Ages: 7 – 18
Pre-registration: January 1
Fees: FREE
Spring Session: March 31

Spring Session: March 31 - May 5, Summer Session I: June 2 - July 7, Summer Session II: July 28, - Aug. 18,



**Locations:** F.M. Law Park (KM 534Y) Sharpstown GC (KM 530F)

Gus Wortham GC (KM 494Z)

8400 Mykawa Rd., 77048 (71 6600 HarborTown Dr., 77036 (71 7000 Capitol, 77023 (71

(713) 264-2100 (713) 988-2099 (713) 928-4260

## Spring I

Tuesday	March 31- May 5, 2009	Target	6:00-7:00pm	FM Law Park Golf Course
Wednesday	April 1 - May 6, 2009	Target	6:00-7:00pm	FM Law Park Golf Course
Thursday	April 2 - May 7, 2009	Target	6:00-7:00pm	FM Law Park Golf Course
Thursday	April 2 - May 7, 2009	Target	4:30-5:30pm	Sharpstown Park Golf Course
Friday	April 3 - May 8, 2009	Player	6:00-7:00pm	FM Law Park Golf Course
Saturday	April 4 - May 9, 2009	Target	9:00-10:00am	FM Law Park Golf Course
Saturday	April 4 - May 9, 2009	Par	11:00-12:30pm	FM Law Park Golf Course
Saturday	April 4 - May 9, 2009	Birdie	3:30- 5:00pm	FM Law Park Golf Course
Saturday	April 4 - May 9, 2009	Birdie	3:30- 5:00pm	FIVI Law Park Goll Course

# Summer I

Wednesday         June 3 – July 8, 2009         Target         10:00 – 11:00am         FM Law Park Golf C           Wednesday         June 3 – July 8, 2009         Player         2:00 – 3:30pm         FM Law Park Golf C           Wednesday         June 3 – July 8, 2009         Player         2:00 – 3:30pm         Gus Wortham Park           Thursday         June 4 – July 9, 2009         Target         10:00 – 11:00am         FM Law Park Golf C           Thursday         June 4 – July 9, 2009         Player         2:00 – 3:30pm         FM Law Park Golf C           Thursday         June 4 – July 9, 2009         Target         4:30-5:30pm         Sharpstown Park Golf C           Friday         June 5 – July 10, 2009         Par         10:00 – 11:00am         FM Law Park Golf C           Saturday         June 6 – July 11, 2009         Birdie         9:00-10:00am         FM Law Park Golf C	Park Golf Course Golf Course Golf Course ark Golf Course Golf Course
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# Summer II

Tuesday Tuesday Wednesday Wednesday Wednesday Thursday Thursday Thursday Friday	July 28 – Aug. 18, 2009 July 28 – Aug. 18, 2009 July 29 – Aug. 19, 2009 July 29 – Aug. 19, 2009 July 29 – Aug. 19, 2009 July 30 – Aug. 20, 2009 July 30 – Aug. 20, 2009 July 30 – Aug. 20, 2009 July 31 – Aug. 21, 2009	Target Player Target Player Player Target Player Target Player Target Par	10:00 – 11:00am 2:00 – 3:30pm 10:00 – 11:00am 2:00 – 3:30pm 2:00 – 3:30pm 10:00 – 11:00am 2:00 – 3:30pm 4:30-5:30pm 10:00 – 11:00am	FM Law Park Golf Course FM Law Park Golf Course FM Law Park Golf Course FM Law Park Golf Course Gus Wortham Park Golf Course FM Law Park Golf Course FM Law Park Golf Course Sharpstown Park Golf Course FM Law Park Golf Course
Saturday	July 31 – Aug. 21, 2009 July 31 – Aug. 22, 2009	Par Birdie	9:00-10:00am	FM Law Park Golf Course
,	<i>,</i> , , , , , , , , , , , , , , , , , ,			

# **Summer Youth Tennis**



The Youth Tennis Program is a **FREE** program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department (HPARD) in partnership with the Houston Tennis Association, Inc.- NJTL. The program is designed to provide children, with the fundamentals of the game of tennis and educational components that develop life skills. **FREE** tennis classes for ages 4 to 18 are offered at 35 parks throughout the Houston area. Two summer sessions are offered with morning and afternoon classes available for both sessions. Equipment is available for use during class and pre-registration is not necessary.

**Ages:** 4 - 18

**Registration:** On site – First day of class

Fees: FREE

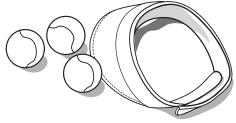
Session I: June 8 – July 2, Monday - Thursday
Session II: July 6 – July 30, Monday - Thursday

**Information:** (713) 803-1112

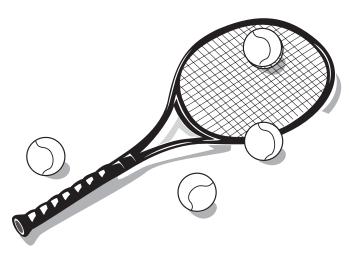
#### Class Schedule:

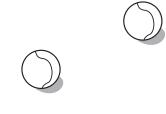
AGES	SESSION	TIME
4-6	Morning	8:15 - a.m 9:00 a.m.
4-6	Afternoon	4:15 p.m 5:00 p.m.
7-10	Morning	9:00 a.m 10:00 a.m.
7-10	Afternoon	5:00 p.m 6:00 p.m.
11-18	Morning	10:00 a.m 11:15 a.m.
11-18	Afternoon	6:00 p.m 7:15 p.m.













Mornin	a Sites
	y Siles

Morning Sites			
CENTRAL Memorial Park (KM 492F) River Oaks (KM 492S)	1500 Memorial Loop Dr., 77007 36000 Locke Lane, 77027	(713) 803-1112 (713) 622-5998	
<u>EAST</u> Finnigan (KM 494G) Judson Robinson, Sr. (KM 495L)	4900 Providence, 77020 1422 Ledwicke, 77029	(713) 678-7385 (713) 674-2401	
<u>WEST</u> Nottingham Park (KM 489E)	14205 Kimberley, 77079	(713) 803- 1112	
NORTH Melrose (KM 413T) Montie Beach (KM 453X) Proctor Plaza (KM 453X)	1001 Canino, 77076 415 Northwood, 77009 803 W. Temple, 77009	(281) 447-0514 (713) 864-6820 (713) 862- 6707	(
NORTHWEST Highland (KM 451D) R.L. & Cora Johnson (KM 450A) Tidwell (KM 454T)	3316 DeSoto, 77091 9920 Porto Rico, 77041 9720 Spaulding, 77016	(713) 956-9137 (713) 895-6141 (713) 636-8221	)
SOUTH Emancipation (KM 493U) Sunnyside (KM 533X)	3018 Dowling, 77004 3502 Bellfort, 77051	(713) 284-1911 (713) 734-5061	
SOUTHEAST Charlton (KM 535P) Wilson Memorial (KM 576G)	8200 Park Place, 77017 9100 Gilpin, 77034	(713) 645-3589 (713) 803-1112	
SOUTHWEST Alief (KM 529E) Briarmeadow (KM 490Z) Linkwood (KM 532P) Platou (KM 571B)	11903 Bellaire, 77072 7000 Richmond, 77063 3699 Norris, 77025 1165 Chimney Rock, 77096	(281) 564-8130 (713) 803-1112 (713) 314-3107 (713) 726-7107	
Afternoon Sites			
CENTRAL Cherryhurst (KM 492V) Moody (KM 453Y)	1700 Missouri, 77006 3725 Fulton, 77009	(713) 284-1992 (713) 692-6925	
EAST Clinton (KM 495U) Settegast (KM 494N)	200 Mississippi, 77029 3000 Garrow, 77003	(713) 673-0955 (713) 238-2200	
WEST Bendwood (KM 489H)	12700 Kimberley, 77024	(713) 803-1112	
NORTHEAST Hutcheson (KM 454U)	5400 Lockwood, 77026	(713) 803-1112	
NORTHWEST Oak Forest (KM 452N) Schwartz (KM 451N)	2100 Judiway, 77018 8203 Vogue, 77055	(713) 803-1112 (713) 803-1112	
SOUTH Cloverland (KM 573L)	11800 Scott, 77047	(713) 733-4581	
SOUTHEAST Meadowcreek (KM 526S) Sagemont (KM 526S)	5033 Berry Creek,77017 11507 Hughes, 77089	(713) 946-9020 (713) 803-1112	
SOUTHWEST Haviland (KM 570H) Meyerland (KM 531Q) Sharpstown (KM 530F) Windsor Village (KM 471P)	11600 Haviland, 77035 5151 Jason, 77096 6600 Harbor Town, 77036 14441 Croquet, 77085	(713) 803-1112 (713) 803-1112 (713) 988-5328 (713) 726-7113	
ADAPTIVE CLASS Metropolitan Multi-Service (KM 492R)	1 1475 W Gray, 77019	(713) 284-1983	
1 A Look of the control P. C. L. 1991 L.	and and the addition and and are the former of the Control of the	de el	

 $<sup>^{1}</sup>$  Adaptive focuses on individuals with physical disabilities who have independent functioning skills. Classes will be held M - Th, 5:00 p.m. - 6:00 p.m. Tennis will be offered earlier, July 6 – July 9 as part of the Junior Wheelchair Sports Camp.

# **Saturday Open Gymnasium**

Enjoy open basketball, volleyball or badminton at HPARD gymnasiums. Call Community Center for sport offerings.

Ages:All AgesRegistration:Not Required

Fees: FREE

**Program Dates:** Year round every Saturday 10:00 a.m. – 2:00 p.m. **Location:** See List Below

**Information:** Contact Community Center

#### **NORTHEAST**

1401411127401		
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Melrose (KM 413T)	1001Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221

#### **NORTHWEST**

Candlelight (KM 450A)	1520 Candlelight, 77007	(713) 682-3587
Fonde (KM 493K) *	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Judson Robinson Jr. (KM 533B)	2020 Hermann Dr., 77004	(713) 284-1997
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

#### **SOUTHEAST**

Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	9311E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 S. 75th, 77023	(713) 928-2118

#### **SOUTHWEST**

SOUTHWEST		
Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508

<sup>\*</sup> Saturdays - year round 1:00 p.m. - 7:00 p.m.



# HOUSTON'S EIGHTH ANNUAL FATHER'S DAY FATHER/CHILD CHARITY GOLF TOURNAMENT

Presented by

# \*Sterling Bank\*

World class banking. Deep Texas roots.

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Thursday, June 18, 2009 Wildcat Golf Club

Sponsorship and Registration Info. Call (713) 942-8500

Register online: www.houstonparksboard.org











# **Skateparks**

Lee & Joe Jamail Skatepark 103 Sabine (KM 493K)

This facility is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast-growing, dynamic sport. The Lee & Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin.... or to learn how to stay balanced!

Joe and Theresa Padilla Skatepark 6200 Lyons (KM 494H)

The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, and stairs and rails.

Dylan Duncan Skatepark 3950 Rustic Woods (KM 297X)

This 5402 square foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Eastwood Skatepark 5020 Harrisburg (KM 494T)

Eastwood skatepark is a 4,928 square foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

Watonga Skatepark 4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 square foot facility measuring142' X 85'. Components include half pipes, roll-in, bank ramp,quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.

Clinton Skatepark 200 Mississippi (KM 495U)

This 12,070 square foot facility measures 142' X 85'. Coomponents include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Linkwood Skatepark 3699 Norris (KM 523P)

This 12,070 square foot facility measures 142' X 85'. Coomponents include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).



# **Disc Golf Courses**

Disc golf is an activity the entire family can enjoy. It is inexpensive, healthful and a great way to enjoy the outdoors. Houston Parks and Recreation Department has nine disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation. To reserve a disc golf course for a special event, contact the Houston Parks and Recreation Department's Ballfields and Reservation Office at (713) 865-4525 and (713) 865-4526, Monday through Friday from 8 a.m. To 5 p.m.

Agnes Moffitt Park

10845 Hammerly (KM 449R)

Holes: 18
Warm-up Basket: Yes
Tea Type: Grass

Tee Type: Grass/Dirt
Basket Type: Disc Catcher

Buffalo Bayou/Tinsley Park 1800-3600 Allen Parkway

Holes: 18
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Disc Catcher

Clinton Park

200 Mississippi (KM 495U)

**Holes:** 9 **Warm-up Basket:** No

**Tee Type:** Grass/Dirt Basket Type: Disc Catcher

Dodson Lake Park 9010 Dodson (KM 454F)

**Holes**: 9 **Warm-up Basket**: No

**Tee Type:** Grass/Dirt Basket Type: Disc Catcher

Glenshire Park

12100 Riceville School Rd. (KM 570E)

Holes: 8
Warm-up Basket: Yes
Tee Type: Grass/Dirt

T.C. Jester Park

4201 T.C. Jester West (KM 451M)

Holes: 9
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Stroke Saver

Mason Park

541 South 75th St.(KM 535A)

Holes: 18
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Disc Catcher

MacGregor Park

525 Calhoun (KM 489E)

Holes: 18
Warm-up Basket: Yes
Tee Type: Grass/Dirt
Basket Type: Stroke Saver

Nottingham Park

14205 Kimberly (KM 489E)

Holes: 12 Warm-up Basket: No Tee Type: Gra

Tee Type: Grass/Dirt
Basket Type: Stroke Saver



# **Adult Sports Leagues**

Get active by participating in Summer Adult Sports Leagues! Softball, flag football, kickball, volleyball and many more team leagues are offered at various parks throughout Houston. Open to adults 18 and up. A fee is required.



#### Adult Kickball League

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Games are played on Monday or Wednesday, for a 5-week double-header season (10 games total). Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older. You can register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - older
Registration Dates: June 8 – June 26
League Dates: July 6 – August 21

**League Format:** 5-Week Doubleheader (10 games total)

**Divisions:** Coed D

Days: Monday or Wednesday
Time: 6:30 p.m.- 10:30 p.m.

**Fee:** \$180

**Information:** (713) 670-5500

Location: Memorial Park (KM492K) 6501 Memorial Drive, 77007

#### Summer Adult Softball Season

Slow pitch softball leagues are offered during the spring, summer, fall and winter seasons. Divisions offered include Men's C/D and Co-ed C/D. Games are played Monday through Friday, for a 5-week doubleheader season (10 games total). You can register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages: 18 - older
Registration Dates: June 8 - June 26
League Dates: July 6 - August 21

5-Week Doubleheader (10 games total)

**Divisions:** Men's C/D and Coed C/D

 Days:
 Monday - Friday

 Time:
 6:30 p.m. – 10:30 p.m.

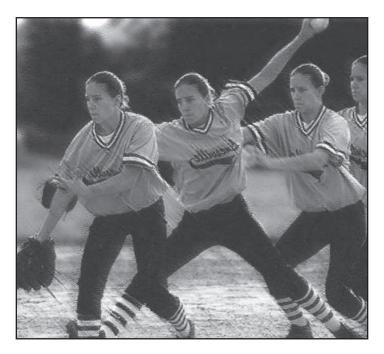
 Fee:
 \$250 - \$300 per team

 Information:
 (713) 670-5500

Locations:

**League Format:** 

Cleveland Park -Tim Hearn Field (KM492M) Cullen Park (KM447S) Hermann Brown Park (KM496A) Memorial Park (KM492K) 200 Jackson Hill, 77007 19008 Saums Road, 77084 300 Oates Road, 77013 6501 Memorial Drive, 77007



#### Adult Flag Football League

Flag football leagues are offered during the fall and winter seasons. Divisions offered include Men's C, Men's Open and Coed Open. Games are played Wednesday, Thursday and Saturday. Open to adults 18 and older. You can register online during specified registration periods at www.houstonparks.org. A fee is required.

18 - older Ages: **Registration Dates:** June 8 - June 26 League Dates: July 6 - August 21

League Format: 5-Week Doubleheader (10 games total)

Coed D **Divisions:** 

Wednesday, Thursday & Saturday Days:

Time: 6:30 p.m.- 10:30 p.m.

Fee: \$330

Information: (713) 670-5500

T.C. Jester Park (KM451M) Location:

4205 T.C. Jester, 77018





# Adult Sand Volleyball

Adult Coed sand volleyball leagues are offered during the summer for 2 seasons at Memorial Park. Leagues are held on Tuesday and Thursday evenings for a 5-week double header season. Open to adults 18 and older. You can register online during specified registration periods at www.houstonparks.org. A fee is required.

18 - older Ages: Registration Summer I: April 20 - May 8 League Summer I: May 19 – July 2 Registration Summer II: June 8 – June 26 League Summer II: July 7 – August 27

League Format: 5 – Week Doubleheader Season

(10 games total)

**Divisions:** Coed D

Location: Memorial Park (KM492K) 6501 Memorial Drive, 77007

Time: 6:30 p.m. - 10:30 p.m., Tuesday and Thursday

\$180 per team

Fee: Information: (713) 670-5500



#### Adult Basketball

Sign up today to play one of the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

Candlelight (KM 452E) Candlelight (KM 452E) Fonde (KM 493K) Fonde (KM 451Y) Freed (KM 451Y) Freed (KM 451Y) Freed (KM 451Y) Judson Robinson, Jr. (KM 533B) Lincoln City (KM 412Q) Love (KM 452Z) Woodland (KM 493C)	Freeplay B.B. Freeplay B.B. Freeplay B.B. Full Court Basketball Full Court Basketball Ladies Basketball League Ladies Night Basketball 3 on 3 Basketball 3 on 3 Basketball 3 on 3 Basketball Freeplay B.B. Freeplay B.B. 3 on 3 Basketball Freeplay Basketball	$\begin{array}{lll} M - F & \\ M - F & \\ M - F & \\ S & \\ Th & \\ Th & \\ M, W \& F & \\ T & \\ S & \\ T & \\ S & \\ T & \\ M - F & \\ M - F & \\ T, Th \& F & \\ S & \\ M - F & \\ \end{array}$	1:00 p.m 3:00 p.m. 6:00 p.m 9:00 p.m. 9:00 a.m 12:30 p.m. 1:00 p.m 4:00 p.m. 6:30 p.m 9:30 p.m. 6:30 p.m 9:00 p.m. 12:30 p.m 9:00 p.m. 12:30 p.m 6:00 p.m. 12:30 p.m 5:45 p.m. 1:00 p.m 7:00 p.m. 6:00 p.m 9:00 p.m. 10:00 a.m 2:00 p.m. 5:00 p.m 8:00 p.m. 10:00 a.m 2:00 p.m. 10:00 a.m 2:00 p.m. 10:00 a.m 2:00 p.m. 10:00 a.m 2:00 p.m.	1520 Candlelight, 77018 1520 Candlelight, 77018 110 Sabine, 77002 110 Sabine, 77002 6818 Shady Villa, 77055 6818 Shady Villa, 77055 6818 Shady Villa, 77055 6818 Shady Villa, 77055 6818 Shady Villa, 77055 2020 Hermann Dr., 77004 979 Grenshaw, 77088 1000 West 12th, 77008 212 Parkview, 77009	(713) 682-3587 (713) 682-3587 (713) 226-4466 (713) 226-4466 (713) 226-4466 (713) 226-4466 (713) 226-4466 (713) 226-4466 (713) 226-4466 (713) 226-4467 (713) 682-4467 (713) 682-4467 (713) 682-4467 (713) 682-4467 (713) 284-1997 (281) 445-1617 (713) 867-0490 (713) 867-0401
,	. ,		•		` '
vvoodiarid (Kivi 493C)	rreepiay basketbali	IVI — F	1.00 p.m. – 3.00 p.m.	212 Parkview, 77009	(110) 001-0401



#### **Adult Aerobics**

Aerobics is a great way to keep fit and stay in shape or to burn off some unwanted pounds. Check with individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages:18 - olderRegistration:OngoingProgram Dates:Year round

**Times:** Varies by Community Center **Information:** Contact Community Center

#### **NORTHEAST**

Fonde (KM 493K)	T, W & Th	12:15 p.m 12:45 p.m.	110 Sabine, 77002	(713) 226-4446
Freed (KM 451Y)	M - Th	5:30 p.m. – 6:30 p.m.	3818 Shady Villa, 77055	(713) 682-4334
Highland (KM 451D)	T - Th	6:00 p.m. – 7:00 p.m.	3316 DeSoto, 77091	(713) 956-9137
Judson Robinson, Jr. (KM 533B) <sup>1</sup>	M, T & W	6:00 p.m 7:00 p.m.	2020 Hermann Drive, 77004	(713) 284-1997
Lincoln City (KM 412Q)	T	9:30 a.m 10:30 a.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Th	10:00 a.m 11:00 a.m.	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	T & Th	6:00 p.m 7:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	M - F	6:00 p.m 7:00 p.m.	1000 W. 12th 77008	(713) 867-0497
Montie Beach (KM 453X)	M - Th	9:00 a.m 10:00 a.m.	915 Northwood, 77009	(713) 864-6820
		6:00 p.m 7:00 p.m.	915 Northwood, 77009	(713) 864-6820
NODTHEACT				

#### **NORTHEAST**

R.L. & Cora Johnson (KM 450A) M & W 6:00 p.m. - 7:00 p.m. 9920 Porto Rico, 77041 (713) 895-6141

#### **SOUTHWEST**

OCCITIVECT				
Alief (KM 529E)	M, W & F	10:00 a.m 11:00 a.m.	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	M, W & F	6:00 p.m 7:00 p.m.	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W & F	6:00 p.m 7:00 p.m.	1700 Missouri, 77006	(713) 284-1992
Lansdale (KM 530K)	T, W & Th	6:30 p.m 7:30 p.m.	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	M & W	6:00 p.m 7:00 p.m.	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	M, T & TH	6:00 p.m 7:00 p.m.	11101 South Gessner, 77071	(713) 773-7015
Platou (KM 571B)	T & Th	6:00 p.m 7:00 p.m.	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	M - W	5:30 p.m 6:30 p.m.	3502 Bellfort, 77051	(713) 734-5061
Townwood (KM 572P)	T & Th	6:30 p.m. – 8:00 p.m.	3403 Simsbrook, 77051	(713) 434-3508
Windsor Village (KM 571P)	W	6:00 p.m 7:00 p.m.	14441 Croquet, 77085	(713) 726-7113

<sup>1 (</sup>Concessionaire \$20.00)

<sup>&</sup>lt;sup>2</sup> Low Impact Senior Aerobics



# Houston Parks and Recreation Department - (713) 865 - 4500

#### Adult Step Aerobics

Step up and down for a great cardiovascular workout with Step Aerobics. Classes are available for all levels from intensity cardio workout focusing on simple step routines and choreography to highly choreographed step routines of medium to high intensity for the advanced stepper, frequent exerciser or experienced dancer. Check with

individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages: 18 - older
Registration: Ongoing
Program Dates: Year round

**Times:** Varies by Community Center **Information:** Contact Community Center



#### **NORTHEAST**

Clark (KM 453B)	M - Th	9:00 a.m. – 10:00 a.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - Th	6:00 p.m. – 7:00 p.m.	9718 Clark, 77076	(713) 742-1497
		' '		` (
Denver Harbor (KM 494H)	M, W & Th	6:00 p.m. – 7:00 p.m.	6402 Market, 77020	(713) 675-2151
Denver Harbor (KM 494H)	F	1:00 p.m. – 2:00 p.m.	6402 Market, 77020	(713) 675-2151
Moody (KM 453Y)	M, W & F	7:00 p.m. – 8:00 p.m.	3725 Fulton, 77009	(713) 692-6925

#### **NORTHWEST**

Freed (KM 451Y)	M-Th	5:30 p.m. – 6:30 p.m.	6818 Shady Villa, 77055	(713) 682-4334
Judson Robinson, Jr. (KM 533B)	T, W & Th (Sr Class)	9:00 a.m. – 10:00 a.m.	2020 Hermann DR., 77004	(713) 284-1997

#### **SOUTHEAST**

EddeMood (Viv) 234X)	Edgewood (KM 534X)	M-Th	6:30 p.m. – 7:30 p.m.	5803 Bellfort, 77033	(713) 734-8434
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#### **SOUTHWEST**

Sunnyside (KM 533X)	T & Th	5:30 p.m. – 6:30 p.m.	3502 Bellfort	(713) 734-5061
Windsor Village (KM 571P)	M&W	6:00 p.m. – 7:00 p.m.	14441 Croquet, 77085	(713) 726-7113

#### Adult Aerobics Muscle Toning

This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class utilizes weights, bands, bars and the step. Check with individual community center for more information. All classes are **FREE** unless otherwise noted.

Ages:18 - olderRegistration:OngoingProgram Dates:Year round

Times: Varies by Community Center Contact Community Center



#### **NORTHEAST**

Clark (KM 453B)	M - Th	10:00 a.m. – 11:00 a.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	M - Th	7:00 p.m. – 8:00 p.m.	9718 Clark, 77076	(713) 742-1497
Moody (KM 453Y)	M, W & F	8:00 p.m. – 8:30 p.m.	3725 Fulton, 77009	(713) 692-6925

# **Fitness Centers**

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis court and swimming pools, disc golf and golf courses and community center fitness programs designed to meet the needs of all Houstonians.

#### Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment. An Olympic size outdoor swimming pool (open during the summer and into the fall for lap swimming based on temperature), showers and lockers.

18 - Older Ages: **Program Dates:** Year Round

Hours: 6:00 a.m. - 8:00 p.m., Monday - Friday

8:00 a.m. - 4:00 p.m., Saturday 8:00 a.m. - 12:00 p.m., Sunday

Location: Memorial Park (KM 492K)

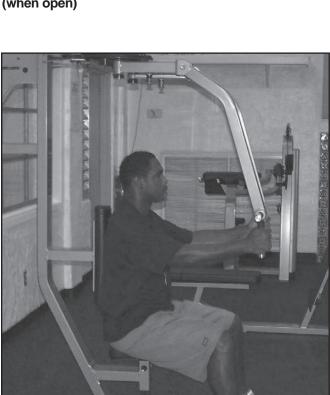
6402 Arnot, 77007

Information: (713) 802-1662

Fee Schedule

Monthly membership \$20.00 Daily membership \$ 1.75 **Shower rental** .75 .50 **Towel rental** \$ Locker rental .50 **Lap Pool Swimming** \$ 1.00

(when open)





Judson Robinson, Jr. Fitness Center at Hermann Park

The Judson Robinson, Jr. Fitness Center is located inside Hermann Park. The center is equippedwith weights and cardiovascular equipment for your fitness needs. The center is open year round. In addition to the fitness center, Judson Robinson, Jr. offers basketball, racquetball and a number of other fitness activities. Contact community center for more information.

18 - Older Ages: **Program Dates:** Year Round

6:00 a.m. - 9:00 a.m., Monday - Friday Hours:

(Early Morning Workout) 9:00 a.m. - 4:00 p.m., Friday 10:00 a.m. - 2:00 p.m., Saturday Judson Robinson, Jr., KM 533B 2020 Hermann Drive, 77004

Information: (713) 284-1997

Location:

Fee Schedule: \$20.00 per month

Early Morning Workout: \$1.50 per ½ hour court rental Raquetball Fees: \$3.00 an hour per court rental **Court Hours:** 9:00 a.m. - 8:00 p.m., Monday - Thursday

9:00 a.m. - 8:00 p.m., Friday 10:00 a.m. - 2:00 p.m., Saturday



#### Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit! Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities. Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all **FREE** to help you meet your fitness goals.

Ages: 18 - Older Program Dates: Year Round

Hours: 9:00 a.m. – 7:00 p.m., Monday – Friday 1:00 p.m. – 7:00 p.m., Saturday Location: Fonde Community Center (KM 493K)

110 Sabine, 77002

Information: (713) 226-4466

#### MacGregor Fitness Center

MacGregor Fitness Center is located in MacGregor Park and is the newest Houston Parks and Recreation Department facility to open with full-service weight room equipment. Showers and lockers are available next door at the Homer Ford Tennis Center for a \$ .75 fee each. A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages: 18 - Older

Fee: No membership fees

Program Dates: Year Round

**Hours:** 7:00 a.m. – 10:00 a.m., Monday – Friday

11:00 a.m. - 3:00 p.m., Monday – Friday 4:00 p.m. - 7:00 p.m., Monday – Friday

**Location:** MacGregor Park Fitness Center

(KM 534K)

5225 Calhoun, 77021

**Information:** (713) 747-8650



# **Community Center Weight Rooms and Gyms**

In addition to the four fitness centers, 11 other Houston Parks and Recreation Department community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information Please note: Showers and lockers **ARE NOT AVAILABLE** at these centers.

#### Weight Rooms

<u>NORTHEAST</u>				
Moody (KM 453Y) Moody (KM 453Y)	M – Th F	6:00 p.m. – 8:30 p.m. 6:00 p.m. – 7:30 p.m.	3725 Fulton, 77009 3725 Fulton, 77009	(713) 692-6925 (713) 692-6925
Moody (KM 453Y)	S	10:00 a.m. – 1:30 p.m.	3725 Fulton, 77009	(713) 692-6925
Shady Lane (KM 414W) Shady Lane (KM 414W)	M – Th M & W	4:00 p.m. – 7:00 p.m. 4:00 p.m. – 6:00 p.m.	10220 Shady Lane, 77093 10220 Shady Lane, 77093	(713) 742-1503 (713) 742-1503
Shady Lane (Kivi 414VV)	IVI Q VV	4.00 p.m. – 0.00 p.m.	10220 Shady Lane, 11093	(713) 742-1303
NORTHWEST				/·\
Lincoln (KM 412Q)	M – Th F	8:00 a.m. – 8:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q) Love (KM 452Z)	г М - F	8:00 a.m. – 6:00 p.m. 1:00 p.m. – 3:00 p.m.	979 Grenshaw, 77088 1000 West 12th, 77008	(281) 445-1617 (713) 867-0497
Love (KM 452Z)	M – F	6:00 p.m. – 8:00 p.m.	1000 West 12th, 77008	(713) 867-0497
,			•	,
SOUTHEAST Edgewood (KM 534X)	M - W	6:30 p.m. – 7:30 p.m.	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	T, W & Th	7:00 p.m. – 8:00 p.m.	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	M – F	11:00 a.m. – 2:30 p.m.	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:30 p.m. – 8:00 p.m.	541 South 75th, 77023	(713) 928-7055
SOUTHWEST				
Alief (KM 529E)	M-Th	1:00 p.m. – 8:00 p.m.	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	M - F	6:00 p.m. – 9:00 p.m.	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M – F	1:00 p.m. – 3:00 p.m.	3018 Dowling, 77004	(713) 284-1301
Emancipation (KM 493Y) Marian (KM 530X)	M – F M – Th	6:00 p.m. – 9:00 p.m. 1:00 p.m. – 8:30 p.m.	3018 Dowling, 77004 11101 South Gessner, 77071	(713) 284-1301 (713) 773-7015
Marian (KM 530X)	M – F	1:00 p.m. – 6:00 p.m.	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	S	10:00 a.m. – 1:30 p.m.	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M - W	5:30 p.m. – 6:30 p.m.	3502 Bellfort, 77051	(713) 734-5061

### <u>Gyms</u>

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	6200 Chimney Rock, 77081	(713) 668-4516
Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Emancipation (KM 493Y)	3018 Dowling, 77004	(713) 284-1911
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Freed (KM 451Y)	6818 Shady Villa, 77055	(713) 682-4467
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Judson Robinson, Jr. (KM 533B)	2020 Hermann Drive, 77004	(713) 284-1997
Lincoln (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497
Marian (KM 530X)	11101 South Gessner, 77071	(713) 928-7055
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(713) 692-6925
Stude (KM 493E)	1031 Stude, 77007	(713) 867-0496
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221
Townwood (KM 572P)	3403 Simsbrook, 77051	(713) 434-3508
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

# **Adult Weight Training**

If you want to lose fat and improve your body composition, one of the most important things you can do is lift weights. Diet and cardio exercise are equally important, but when it comes to changing how your body looks, weight training wins hands down. If you've hesitated to start a strength training program, it may motivate you to know that lifting weights can:

- Help raise your metabolism. Muscle burns more calories than fat, so the more muscle you have, the more calories you'll burn all day long.
- Strengthen bones, especially important for women
- Make you stronger and increase muscular endurance
- Help you avoid injuries
- Increase your confidence and self-esteem
- Improve coordination and balance

All sessions listed below are **FREE** unless otherwise noted. Check with individual community center for more information.

6:00 p.m. - 9:00 p.m.

3725 Fulton, 77009

(713) 692-6925

Ages:18 - olderRegistration:OngoingProgram:Year round

**Dates:** Varies by Community Center **Information:** Contact Community Center

M-Th

#### NORTHEAST Moody (KM 453Y)

Moody (KM 453Y) Shady Lane (KM 414W) Shady Lane (KM 414W) Shady Lane (KM 414W) Shady Lane (KM 414W)	F M & W M & W Th F	6:00 p.m. – 8:00 p.m. 12:00 p.m. – 3:00 p.m. 5:30 p.m. – 7:30 p.m. 2:00 p.m. – 7:30 p.m. 10:00 a.m. – 2:00 p.m.	3725 Fulton, 77009 10220 Shady Lane, 77093 10220 Shady Lane, 77093 10220 Shady Lane, 77093 10220 Shady Lane, 77093	(713) 692-6925 (713) 742-1503 (713) 742-1503 (713) 742-1503 (713) 742-1503
NORTHWEST Fonde (KM 493K) Fonde (KM 493K) Highland (KM 451D) Judson Robinson, Jr. (KM 533B) Love (KM 452Z) Love (KM 452Z) Love (KM 452Z) Love (KM 452Z)	M - F S M - F M - F M - Th M - Th F S M - F M - Th F	9:00 a.m. – 7:00 p.m. 1:00 p.m. – 7:00 p.m. 12:00 p.m. – 2:00 p.m. 6:00 a.m. – 9:00 a.m. 9:00 a.m. – 3:30 p.m. 4:00 p.m. – 8:00 p.m. 9:00 a.m. – 4:00 p.m. 10:00 a.m. – 2:00 p.m. 1:00 p.m. – 3:00 p.m. 6:00 p.m. – 8:00 p.m. 1:00 p.m. – 8:00 p.m.	110 Sabine, 77002 110 Sabine, 77002 3316 DeSoto, 77091 2020 Hermann Drive, 77004 2020 Hermann Drive, 77004 2020 Hermann Drive, 77004 2020 Hermann Drive, 77004 2020 Hermann Drive, 77004 1000 West 12th, 77008 1000 West 12th, 77008 1000 West 12th, 77008	(713) 226-4466 (713) 226-4466 (713) 956-9137 (713) 284-1997 (713) 284-1997 (713) 284-1997 (713) 284-1997 (713) 284-1997 (713) 867-0497 (713) 867-0497 (713) 867-0497 (713) 867-0497
SOUTHEAST Edgewood (KM 534X) Hartman (KM 535C) Mason (KM 535A) Mason (KM 535A)  SOUTHWEST Emancipation (KM 493y)	M - W T, W & Th M - F M - F M - F	6:30 p.m. – 7:30 p.m. 7:00 p.m. – 8:00 p.m. 11:00 a.m. – 2:30 p.m. 5:30 p.m. – 8:00 p.m.	5803 Bellfort, 77033 9311 E. Ave. P., 77012 541 South 75th, 77023 541 South 75th, 77023	(713) 734-8434 (713) 928-4803 (713) 928-7055 (713) 928-7055 (713) 284-1911
Sunnyside (KM 533X)	M - W	5:30 p.m. – 6:30 p.m.	3502 Bellfort, 77051	(713) 734-5061

<sup>&</sup>lt;sup>1</sup> Concessionaire \$20.00 per month, registered guest only

#### Fitness Classes

Take part in fitness classes at your local community center. Activities include weight training, aerobics and circuit training. Fitness instructors are also available. To get the details of available fitness services and programs, call one of the following community centers. All classes are FREE unless otherwise noted.

Ages: 18 - older Registration: Ongoing **Program Dates:** Year round

Times: Varies by Community Center Information: **Contact Community Center** 

Candlelight (KM 452E)	Karate	T & Th	6:00 p.m. – 9:00 p.m.	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Kickboxing	T & Th	12:15 p.m 12:45 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) 1	Line Dance	Τ	7:00 p.m 8:00 p.m.	110 Sabine, 77002	(713) 226-4466
Fonde (KM 493K) <sup>2</sup>	Swing Out & 2 Step	M	7:00 p.m. – 8:00 p.m.	110 Sabine, 77002	(713) 226-4466
Lincoln City (KM 412Q)	Yoga	W & Th	9:30 a.m 10:30 a.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Line Dance	M	9:30 a.m 10:30 a.m.	979 Grenshaw, 77088	(281) 445-1617
J. Robinson, Jr. (KM 533B)	Line Dance	M	7:00 p.m. – 8:30 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) 3	Ballroom Dance	Th	6:30 p.m. – 7:30 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B) 4	Beginners BOP	Th	6:30 p.m. – 7:30 p.m.	2020 Hermann Dr., 77004	(713) 284-1997
J. Robinson, Jr. (KM 533B)	Computer Class	Th	2:30 p.m. – 3:30 p.m.	2020 Hermann Dr., 77004	(713) 284-1997

#### **SOUTHEAST**

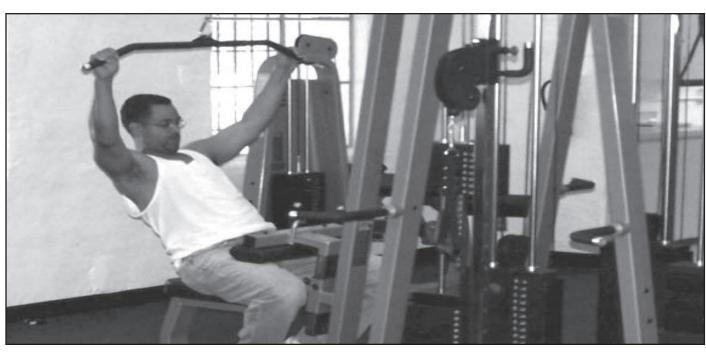
Beverly Hills (KM 576S)	Fitness	M - W	8:00 a.m 10:00 a.m.	9800 Kingspoint, 77075	(713) 948-9065
Garden Villas (KM 535W)	Fitness-Papi Futbol	W	6:00 p.m 8:00 p.m.	6818 Shady Villa, 77055	(713) 682-4467
Ingrando (KM 535F)	Fitness	T - Th	6:30 p.m 7:30 p.m.	7302 Keller, 77012	(713) 643-4764
Sagemont (KM 576Y)	Fitness	MT&W	12:00 p.m 1:00 p.m.	11507 Hughes, 77089	(281) 922-2343

#### SOUTHWEST

Cherryhurst (KM 492V)	Resistaball	T & Th	6:00 p.m 7:00 p.m.	1700 Mississippi, 77006	(713) 284-1992
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 p.m 8:00 p.m.	11655 Chimney Rock, 77053	(713) 726-7107
Sunnyside (KM 533X)	Sr. Beg. Computer	T	11:00 a.m. – 12:00 p.m.	3502 Bellfort, 77051	(713) 734-5061
Sunnyside (KM 533X)	Sr. Inter. Computer	Τ	11:00 a.m. – 12:00 p.m.	3502 Bellfort, 77051	(713) 734-5061
Windsor Village (KM 571P)	Fitness	T & Th	6:00 p.m 7:00 p.m.	14441 Croquet, 77075	(713) 726-7113

<sup>&</sup>lt;sup>1</sup> Concessionaire \$7.00 per class

<sup>&</sup>lt;sup>4</sup> Concessionaire \$20.00 monthly



Concessionaire \$75.00 per class
 Concessionaire \$20.00 monthly

# **Adult Walking Clubs**

Get fit while enjoying the sights of your neighborhood by joining a walking club at one of our community centers.

No fee is required.

Ages: All ages
Registration: Ongoing
Program Dates: Year-round

**Information:** Contact Community Center

NORTHEAS	37
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Clark (KM 453B)	M - F	7:30 a.m. – 6:00 p.m.
Clinton (KM 495U)	T - Th	10:00 a.m 6:00 p.m
Lakewood (KM 455G)	T - Th	7:00 a.m. – 6:00 p.m.
Moody (KM 453Y)	M - Th	2:30 p.m. – 4:30 p.m.
Swiney (KM 494J)	M - Th	6:30 a.m. – 10:00 a.m.
Tidwell (KM 454D)	M, W & F	9:00 a.m 10:00 p.m.
Tuffly (KM 454X)	M. W & F	7:00 a.m 11:00 p.m.

9	
9718 Clark, 77076	(713) 742-1497
200 Mississippi, 7702	9 (713) 673-0955
8811 Feland, 77028	(713) 636-8217
3725 Fulton, 77009	(713) 692-6925
2812 Cline, 77020	(713) 238-2197
9720 Spaulding, 7701	6 (713) 636-8221
3200 Russell, 77026	(713) 674-2355

#### **NORTHWEST**

Candlelight (KM 452E)	M - F	6:00 p.m. – 8:00 p.m.
Fonde (KM 493K)	T & Th	4:30 p.m. – 5:30 p.m.
Freed (KM 451Y)	M - F	5:00 p.m. – 7:00 p.m.
Highland (KM 451D)	M, W&F	8:30 a.m. – 9:30 a.m.
Independence Heights (KM 453N)	M & W	6:00 p.m. – 7:00 p.m.
Lincoln City (KM 412Q)	M - F	6:30 p.m. – 8:30 p.m.
Lincoln City (KM 412Q)	M - Th	1:00 p.m. – 2:00 p.m.
Love (KM 452Z)	M - F	1:00 p.m. – 2:00 p.m.
Montie Beach (KM 453Y)	M - F	8:00 a.m. – 9:00 a.m.
Montie Beach (KM 453Y)	M - Th	7:00 p.m. – 8:00 p.m.
Proctor Plaza (KM 453X)	M & W	12:00 p.m. – 1:00 p.m.
Judson Robinson, Jr. (KM533B)	M & F	7:00 a.m. – 8:00 a.m.
R.L. & Cora Johnson (KM 450A)	M & W	5:00 p.m. – 6:00 p.m.
Stude (KM 493B)	T&F	8:00 a.m. – 9:00 a.m.
Woodland (KM 493C)	M - F	1:00 p.m. – 3:00 p.m.

1520 Candlelight, 77018	(713) 682-3587
110 Sabine, 77002	(713) 226-4466
6818 Shady Villa, 77055	(713) 682-4467
3316 Desoto, 77091	(713) 956-9137
603 East 35th, 77022	(713) 867-0373
979 Grenshaw, 77088	(281) 445-1617
979 Grenshaw, 77088	(281) 445-1617
1000 West 12th, 77008	(713) 867-0497
915 Northwood, 77009	(713) 864-6820
915 Northwood, 77009	(713) 864-6820
803 West Temple, 77009	(713) 862-6907
2020 Hermann Drive, 77004	(713) 284-1997
9920 Porto Rico, 77041	(713) 895-6141
1031 Stude, 77007	(713) 867-0496
12 Parkview, 77009	(713) 867-0401

#### **SOUTHEAST**

Bessie Swindle (KM 573L)	M - F	10:00 a.m 11:30 a.m.
Beverly Hills (KM 576S)	M & W	5:00 p.m. – 6:00 p.m.
Charlton (KM 535P)	W	6:00 p.m. – 7:00 p.m.
Crestmont (KM 574J)	M,W&F	6:00 p.m. – 7:00 p.m.
DeZavala (KM 495S)	W	6:00 p.m. – 7:00 p.m.
Eastwood (KM 494T)	F	8:30 a.m. – 9:30 p.m.
Edgewood (KM 534X)	W & F	6:30 p.m 7:00 p.m.
Garden Villas (KM 535W)	M - F.	6:00 p.m. – 8:00 p.m.
Hartman (KM 535C)	T, W & Th	5:00 p.m. – 6:00 p.m.
Ingrando (KM 535F)	M - F	8:00 a.m. – 11:00 a.m.
MacGregor (KM 534E)	T & Th	9:00 a.m. – 10:00 a.m.
Mason (KM 535A)	M - Th	7:00 a.m. – 8:30 a.m.
Meadowcreek (KM 536S)	M, W & F	6:00 p.m. – 7:00 p.m.
Sagemont (KM 576Y)	M, T & W	8:00 a.m. – 9:00 a.m.
Settegast (KM 494N)	M - Th	8:30 a.m 9:30 a.m.

11800 Scott, 77047 10201 Kingspoint, 77075 8200 Park Place Blvd., 77017 5200 Selinsky, 77048 7521 Ave. H., 77012 5020 Harrisburg, 77011 5803 Bellfort, 77033 6720 S. Haywood, 77061 9311 E. Ave. P., 77012 7302 Keller, 77012 5225 Calhoun, 77021 541 South 75th, 77023	(713) 733-4581 (713) 948-9065 (713) 645-3589 (713) 733-2236 (713) 923-5163 (713) 928-4801 (713) 734-8434 (713) 847-5168 (713) 928-4803 (713) 643-4764 (713) 747-8650 (713) 928-7055
5225 Calhoun, 77021	(713) 747-8650

#### **SOUTHWEST**

Almeda (KM 572Y) Burnett Bayland (KM 531B) Cherryhurst (KM 492V) Emancipation (KM 493U) Godwin (KM 531U) Lansdale (KM 530K) Lansdale (KM 530K) Linkwood (KM 532P) Marian (KM 530X) River Oaks (KM 492T) River Oaks (KM 492T) Sharpstown (KM 530F) Sunnyside (KM 533X) Townwood (KM 572P)	M-F M, W & F M, W & F M & T M-Th M-W M & W W M-F Th M-F M, W & F M-Th M & W	6:00 p.m. – 6:30 p.m. 5:30 p.m. – 6:00 p.m. 6:00 p.m. – 7:00 p.m. 6:30 p.m. – 7:30 p.m. 5:30 p.m. – 6:30 p.m. 6:00 p.m. – 7:00 p.m. 9:00 a.m. – 10:00 a.m. 6:00 p.m. – 7:00 p.m. 6:00 p.m. – 7:30 p.m. 5:00 p.m. – 6:00 p.m. 5:00 p.m. – 6:00 p.m. 9:00 a.m. – 10:00 a.m. 9:30 a.m. – 10:00 a.m.
Sunnyside (KM 533X) <sup>1</sup>	M – Th	9:30 a.m. – 10:00 a.m.
Townwood (KM 572P)	M & W	6:30 p.m. – 7:30 p.m.
Windsor Village (KM 571 P)	M - W	1:00 p.m. – 2:00 p.m.

14201 Almeda School Rd., 77047	(713)	434-1909
6200 Chimney Rock, 77081	(713)	668-4516
1700 Missouri, 77006	(713)	284-1992
3018 Dowling, 77004	(713)	284-1911
5101Rutherglen, 77096	(713)	726-7114
8201 Roos, 77036	(713)	272-3668
8201 Roos, 77036	(713)	272-3668
3699 Norris, 77025	(713)	314-3107
11101 South Gessner, 77071	(713)	773-7015
3600 Locke Lane, 77027	(713)	622-5998
3600 Locke Lane, 77027	(713)	622-5998
6600 Harbor Town, 77036	(713)	988-5328
3502 Bellfort, 77051	(713)	734-5061
3403 Simsbrook, 77051	(713)	434-3508
14441 Croquet, 77085	(713)	726-7113

Indicates Senior Walking Club

<sup>&</sup>lt;sup>2</sup> Indicates Dog Walking Club

#### EXISTING OFF ROAD TRAILS

Bell Park4800 Montrose0.17Love Park1000 West 12th St.0.Bendwood Park12700 Kimberley0.49MacGregor Park5225 Calhoun1.Beverly Hills Park10201 Kingspoint0.53Mangum Manor Park5235 Saxon0.	.12 .20 .25 .29 .25 .40
Bell Park4800 Montrose0.17Love Park1000 West 12th St.0.Bendwood Park12700 Kimberley0.49MacGregor Park5225 Calhoun1.Beverly Hills Park10201 Kingspoint0.53Mangum Manor Park5235 Saxon0.	.25 .29 .25
Bendwood Park12700 Kimberley0.49MacGregor Park5225 Calhoun1.Beverly Hills Park10201 Kingspoint0.53Mangum Manor Park5235 Saxon0.	.29 .25
Beverly Hills Park 10201 Kingspoint 0.53 Mangum Manor Park 5235 Saxon 0.	.25
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Blueridge Park 5600 Court Rd. 0.62 Marian Park 11100 S. Gessner 0.	.40
Boyce-Dorian Park 2000 Erastus 0.40 Memorial Park	
·	.90
	.25
	.20
	.84
Burnett-Bayland Park 6200 Chimney Rock 0.96 Moody Park 3725 Fulton 0.	.94
	.28
	.42
	.25
	.50
Clark Park 9718 Clark 0.36 Reveille Park 7700 Oak Vista 0.	.32
Cleveland Park 200 Jackson Hill 0.35 River Oaks Park 3600 Locke Lane 0.	.25
Clinton Park 200 Mississippi 0.42 R.L. & Cora Johnson Park 9801 Tanner 0.	.25
Cloverland Park 3801 Hickok Lane 0.25 Scenic Woods 7449 Lakewood 0.	.34
Crain Park 9051 Triola 0.50 Schnur Park 12227 Cullen 0.	.50
Cravens Parkway 5901 Main 0.50 Scottcrest Park 10700 Rosehaven Park 0.	.51
Crestmont Park 5100 Selinsky 0.25 Shady Lane Park 10100 Shady Lane 0.	.50
	.25
	.32
Denver Harbor 6402 Market 0.87 Stewart Park 6700 Reed Rd. 0.	.30
Dow Park 7942 Rockhill 0.58 Stoneybrook Esp. 3000-3600 Stoneybrook 0.	.55
Eastwood Park 5000 Harrisburg 0.20 Stude Park 1031 Stude 0.	.83
Edgewood Park 5803 Bellfort 0.50 Sunnyside Park 3502 Bellfort 0.	.48
Forum Park 9900 Sugar Branch 0.49 Townwood 3403 Simsbrook 0.	.39
Franklow Park 1300 Seagler Rd. 0.50 Tuffly Park 3200 Russell 0.	.33
Freed Park 6818 Shady Villa 0.35 Verde Forest Park 8800 Brock Park Blvd. 0.	.20
	.36
Freshmeadow Park 4500 Campbell 0.38 Westwood Park 4045 Lemac 0.	.38
	.25
	.28
	.23
Grady Park 1700 Yorktown 0.20	
Gulf Palms Park 11901 Palm Springs 0.41	
Haden Park 1404 Witte Road 0.32 Linear / Bayou Trails	
Hager Park 12100 Landsdowne 0.51	
	<u>LES</u>
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Hill Park 4800 Gloryland 0.39 Harrisburg Sunset Drennan to Marsden;	
	.00
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	.50
Keith-Wiess Park 12300 Aldine-Westfield 2.12 Sims Bayou White Heather to	
	75
	50
	.00
	.90
,	.25
Lincoln Park 979 Grenshaw 0.25 White Oak Bayou W. 11th to Pinemont 4.	.80

#### Swimming Pool - Summer Schedule

When school lets out for summer city pools open to provide Safe and Fun swimming opportunities for all. With 38 swimming pools located throughout Houston and 13 water playgrounds there's sure to be close-by for your family to enjoy.

Public pools will open in two phases. During Phase I, scheduled for May 23 - June 7, pools will open during the weekends only. During Phase II, scheduled to begin June 6, all 37 pools will open and will operate from Tuesday through Sunday, 1:00 p.m. – 8:00 p.m. All public pools will be closed on Mondays throughout the summer. For more information call (713) 670-5501

Ages: Open to all ages Registration: Daily sign-in required **Program Dates:** May 23 – August 14 **Summer Schedule:** Closed on Mondays 1:00 p.m. - 8:00 p.m. **Holiday Schedule:** Memorial Day, May 25 1:00 p.m. – 8:00 p.m. Location: Independence Day, July 4 1:00 p.m. – 5:00 p.m. Information: See Public Pool List (713) 670-5501





#### Swimming Pool - Fall Schedule

When students make their way back to school public pools will operate on a reduced schedule. From August 15 through September 7, all pools will be closed Monday through Friday. Only select pools will operate on Saturday and Sunday. Labor Day will be the last day select pools will operate.

Ages: Open to all ages
Registration: Daily sign-in requried
August 15 – September 7
Closed Monday through Friday
Saturday and Sunday
1:00 p.m. – 8:00 p.m.

Holiday Schedule: Labor Day, September 7 1:00 p.m. – 8:00 p.m.

Location: See Public Pool List (713) 670-5501



# **HPARD Swimming Pools**

Public pools will open in two phases. During Phase I, scheduled for May 23, 20 pools will open during the weekends only. During Phase II, scheduled for June 6, an addition 17 pools will open. From June 15 through August 14 HPARD will operate 37 municipal pools on a Tuesday through Sunday schedule from 1:00 p.m. – 8:00 p.m. All public pools will be closed on Mondays throughout the summer. For more information call (713) 670-5501.

Please note that Hobart Taylor Pool will be closed this summer for renovations.

NORTHEAST Clinton (KM 495U)	203 Mississippi 77020	(712) 675 0226
Selena Quintanilla Perez/	203 Mississippi, 77029	(713) 675-9336
Denver Harbor (KM 494H)	1020 Gazin, 77020	(713) 673-7140
Finnigan (KM 494G)	4900 Providence, 77020	(713) 673-7311
Greenwood (KM 497A)	602 Beresford, 77015	(713) 455-5165
Hobart Taylor (KM 455P) (CLOSED FOR RENOVATIONS)	8100 Kenton, 77028	(713) 673-3774
Judson Robinson, Sr. (KM 495L) Moody (KM 453Y)	1422 Ledwicke, 77029 3201 Fulton, 77009	(713) 672-8958 (713) 238-2215
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 633-1618
Tuffly (KM 494B) 3200 Russell, 77026	3200 Russell, 77026	(713) 674-3367
NORTHWEST		
Agnes Moffit (KM 449R)	10645 Hammerly, 77043	(713) 468-5666
Independence Heights (KM 453N)	603 East 35th, 77022	(713) 862-1284
Lincoln City (KM 412Q)	1048 Grenshaw, 770 88	(281) 447-2525
Love (KM 452Z) Memorial (KM 492K)	1000 West 12th, 77008 6402 Arnot, 77007	(713) 867-0490
Northline (KM 413W)	6911 Nordling, 77076	(713) 862-1426 (713) 742-1512
Oak Forest (KM 452N)	1400 Dubarry, 77018	(713) 684-1819
Schwartz (KM 451N)	8203 Vogue, 77055	(713) 973-6310
Stude (KM 493B)	1031 Stude, 77007	(713) 862-5762
T.C. Jester (KM 451M)	4205 T.C. Jester, 77018	(713) 686-6800
SOUTHEAST (VALETOO)		
Beverly Hills (KM 576S)	9800 Kingspoint, 77075	(713) 948-9063
Beverly Hills (KM 576S) Cloverland (KM 573L)	11800 Scott, 77047	(713) 734-8948
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S)	11800 Scott, 77047 907 DeZavala, 77012	(713) 734-8948 (713) 923-7220
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011	(713) 734-8948 (713) 923-7220 (713) 923-8058
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S)	11800 Scott, 77047 907 DeZavala, 77012	(713) 734-8948 (713) 923-7220
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089 100 Gilpin, 770??	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312 (713) 948-9051
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)  SOUTHWEST Alief (KM 599E)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089 100 Gilpin, 770??	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312 (713) 948-9051
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)  SOUTHWEST Alief (KM 599E) Cloverland (KM 573L)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089 100 Gilpin, 770??	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312 (713) 948-9051 (281) 983-8137 (713) 734-8948
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)  SOUTHWEST Alief (KM 599E) Cloverland (KM 573L) Ervan Chew (KM 492Z)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089 100 Gilpin, 770??  11903 Bellaire, 77072 11800 Scott, 77047 4400 Dunlavy, 77006	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312 (713) 948-9051 (281) 983-8137 (713) 734-8948 (713) 284-1307
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)  SOUTHWEST Alief (KM 599E) Cloverland (KM 573L)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089 100 Gilpin, 770??	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312 (713) 948-9051 (281) 983-8137 (713) 734-8948 (713) 284-1307 (713) 748-0449
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)  SOUTHWEST Alief (KM 599E) Cloverland (KM 573L) Ervan Chew (KM 492Z) George T. Nelson (Yellowstone) (KM 533L) Lansdale (KM 530K) Sharpstown (KM 530F)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089 100 Gilpin, 770??  11903 Bellaire, 77072 11800 Scott, 77047 4400 Dunlavy, 77006 6900 LaSalette, 77021	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312 (713) 948-9051 (281) 983-8137 (713) 734-8948 (713) 284-1307 (713) 748-0449 (713) 272-3687 (713) 272-3690
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)  SOUTHWEST Alief (KM 599E) Cloverland (KM 573L) Ervan Chew (KM 492Z) George T. Nelson (Yellowstone) (KM 533L) Lansdale (KM 530K) Sharpstown (KM 530F) Sunnyside (KM 533X)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089 100 Gilpin, 770??  11903 Bellaire, 77072 11800 Scott, 77047 4400 Dunlavy, 77006 6900 LaSalette, 77021 8201 Roos, 77036 6600 Harbor Town, 77036 3502 Bellfort, 77051	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312 (713) 948-9051 (281) 983-8137 (713) 734-8948 (713) 284-1307 (713) 748-0449 (713) 272-3687 (713) 272-3690 (713) 734-0757
Beverly Hills (KM 576S) Cloverland (KM 573L) DeZavala (KM 495S) Eastwood (KM 494T) Emancipation (KM 493U) Glenbrook (KM 535Q) MacGregor (KM 534E) Mason (KM 535A) Reveille (KM 535S) Sagemont (KM 576Y) Wilson Memorial (KM 576G)  SOUTHWEST Alief (KM 599E) Cloverland (KM 573L) Ervan Chew (KM 492Z) George T. Nelson (Yellowstone) (KM 533L) Lansdale (KM 530K) Sharpstown (KM 530F)	11800 Scott, 77047 907 DeZavala, 77012 5000 Harrisburg, 77011 3018 Dowling, 77004 8201 North Bayou, 77017 5225 Calhoun, 77021 541 South 75th, 77023 7700 Oak Vista, 77087 11507 Hughes, 77089 100 Gilpin, 770??  11903 Bellaire, 77072 11800 Scott, 77047 4400 Dunlavy, 77006 6900 LaSalette, 77021 8201 Roos, 77036 6600 Harbor Town, 77036	(713) 734-8948 (713) 923-7220 (713) 923-8058 (713) 284-1977 (713) 645-7187 (713) 748-0317 (713) 928-4826 (713) 645-6544 (281) 922-2312 (713) 948-9051 (281) 983-8137 (713) 734-8948 (713) 284-1307 (713) 748-0449 (713) 272-3687 (713) 272-3690

#### Learn to Swim

The Houston Parks and Recreation Department in partnership with the American Red Cross, the nationwide leading provider of aquatics programs, will be conducting Learn to Swim classes at select HPARD pools throughout the city during the summer. Swim lessons are available for both children and adults. Starting May 1, registration applications will be available at all HPARD Community Centers or on line at www.houstonparks.org. Registration is also available on-site on the Tuesday prior to the start date of a Class Session.

Ages: 5 - older

Includes adults 18 years and older

**Pre-Registration:** May 1

Online at www.houstonparks.org

On-Site Registration: Tuesday prior to the start date of each Class Session

**Fee:** \$25.00

Make check payable to: "The American Red Cross"

Class Days: Tuesday – Friday

Schedule: Session I - June 16 – June 26

Session II - July 7 – July 17 Session III - July 21 – July 31 Session IV - August 4 – August 14

**Information:** American Red Cross

(713) 526-8300

www.houstonparks.org

# Morning Classes

MacGregor (KM 534E) MacGregor (KM 534E) MacGregor (KM 534E) Memorial (KM 492K) Memorial (KM 492K) Memorial (KM 492K) Northline (KM 413W) Northline (KM 413W) Northline (KM 413W) Sharpstown (KM 530F) Sharpstown (KM 530F) T.C. Jester (KM 451M) T.C. Jester (KM 451M)	9:15 a.m. – 9:55 a.m 10:05 a.m10:45 a.m. 10:55 a.m11:35 a.m. 9:15 a.m. – 9:55 a.m. 10:05 a.m10:45 a.m. 10:55 a.m11:35 a.m. 9:15 a.m. – 9:55 a.m. 10:55 a.m10:45 a.m. 10:55 a.m11:35 a.m. 9:15 a.m. – 9:55 a.m. 10:05 a.m10:45 a.m. 10:55 a.m10:45 a.m. 10:55 a.m10:45 a.m.	5225 Calhoun, 77021 5225 Calhoun, 77021 5225 Calhoun, 77021 6402 Arnot, 77007 6402 Arnot, 77007 6402 Arnot, 77007 911 Nordling, 77076 911 Nordling, 77076 911 Nordling, 77076 6600 Harbor Town, 77036 6600 Harbor Town, 77036 6600 Harbor Town, 77036 4205 T.C. Jester, 77018	(713) 748-0317 (713) 748-0317 (713) 748-0317 (713) 862-1426 (713) 862-1426 (713) 742-1512 (713) 742-1512 (713) 742-1512 (713) 272-3690 (713) 272-3690 (713) 272-3690 (713) 686-6800 (713) 686-6800
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# **Evening Classes**

MacGregor (KM 534E) MacGregor (KM 534E) MacGregor (KM 534E) Memorial (KM 492K) Memorial (KM 492K) Memorial (KM 492K) Northline (KM 413W) Northline (KM 413W) Northline (KM 413W) Sharpstown (KM 530F) Sharpstown (KM 530F)	5:15 p.m. – 5:55 p.m. 6:05 p.m 6:45 p.m. 6:55 p.m 7:35 p.m. 5:15 p.m. – 5:55 p.m. 6:05 p.m 6:45 p.m. 6:55 p.m 7:35 p.m. 5:15 p.m. – 5:55 p.m. 6:05 p.m 6:45 p.m. 6:55 p.m 7:35 p.m. 6:55 p.m 5:55 p.m. 6:55 p.m 6:45 p.m.	5225 Calhoun, 77021 5225 Calhoun, 77021 5225 Calhoun, 77021 6402 Arnot, 77007 6402 Arnot, 77007 6402 Arnot, 77007 911 Nordling, 77076 911 Nordling, 77076 911 Nordling, 77076 6600 Harbor Town, 77036 6600 Harbor Town, 77036	(713) 748-0317 (713) 748-0317 (713) 748-0317 (713) 862-1426 (713) 862-1426 (713) 742-1512 (713) 742-1512 (713) 742-1512 (713) 272-3690 (713) 272-3690
Sharpstown (KM 530F)	6:05 p.m 6:45 p.m.	6600 Harbor Town, 77036	(713) 272-3690
Sharpstown (KM 530F)	6:55 p.m 7:35 p.m.	6600 Harbor Town, 77036	(713) 272-3690
T.C. Jester (KM 451M)	5:15 p.m. – 5:55 p.m.	4205 T.C. Jester, 77018	(713) 686-6800
T.C. Jester (KM 451M)	6:05 p.m 6:45 p.m.	4205 T.C. Jester, 77018	(713) 686-6800
T.C. Jester (KM 451M)	6:55 p.m 7:35 p.m.	4205 T.C. Jester, 77018	(713) 686-6800

Introduction to Swimming as a Sport and Skill Program

The Houston Parks and Recreation Department is happy to introduce a new promotional program designed to encourage non-swimmers to learn how to swim. The program provides information on instructional programs like swimming lessons as well as opportunities available to confident swimmers.

**Dates:** May 23 – June 7 **Locations:** All HPARD Pools

**Time:** 1:00 p.m. – 2:00 p.m. (Every Day)





#### 2009 Summer Adult Water Fitness Classes

Cool off this summer with a water fitness class! Water fitness is a great exercise for any age, any fitness level and any body type. No fee is charged. All enrollments are filled on a "first-come, first-served basis. Early registration is available by calling (713) 845-1170. On site registration is also available at beginning of class. Classes are limited to a maximum of 20 participants per class. Aqua shoes, towel and a plastic bottle of water are recommended.

Dates: June 9 – August 14
Class Days: Tuesday and Thursday

Wednesday and Friday

Time: Varies by site

Fee: FREE

**Information:** (713) 670-5507

www.houstonparks.org



Agnes Moffitt Park Pool Lansdale Park Pool MacGregor Park Pool Mason Park Pool Memorial Park Pool Sunnyside Park Pool Westbury Park Pool 10645 Hammerly, 77043 8201 Roos, 77036 5225 Calhoun, 77021 541 South 75<sup>th</sup> St., 77023 6402 Arnot, 77007 3502 Bellfort, 77045 10605 Mullins, 77096 W & F Adult Circuit Water Fitness W & F Adult Circuit Water Fitness T & Th Adult Circuit Water Fitness W & F Adult Circuit Water Fitness W & F Adult Hydro-Fit Training T & Th Silver Splash (Seniors 55) W & F Adult Hydro-Fit Training

6:00 p.m. – 6:45 p.m. 8:30 a.m. – 9:15 a.m. 8:00 a.m. - 8:45 a.m. 12:00 p.m. - 12:45 p.m. 10:00 a.m. - 10:45 a.m. 10:00 a.m. - 10:45 a.m.

6:00 p.m. – 6:45 p.m.

# **Lake Houston Wilderness Park**

Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. This beautiful forested expanse of nearly 5,000 acres, is located approximately 30 miles north of Houston off of Hwy. 59 near New Caney. It offers a variety of outdoor learning experiences for people of all ages including camping, hiking, biking, mountain biking, canoeing, kayaking and horseback riding (you must bring your own bikes, watercraft and horses). It is a perfect spot for photography, nature study, and bird watching. The Lake Houston Wilderness Park Nature Center is a great place to visit and learn about some of the woodland creatures that call Lake Houston Park home.

Program Dates: Year Round

**Location:** 22031 Baptist Encampment Road

New Caney, Texas 77357

Gates Open: 8:00 a.m. – 8:00 p.m. (Sunday – Thursday)

8:00 a.m. – 10:00 p.m. (Friday – Saturday) 8:00 a.m. – 5:00 p.m. (every day including weekends)

**Information:** (281) 354-6881

www.houstonparks.org

Park Entry Fee: \$3.00 per person Activity use fee: \$4.00 per person

Excess vehicle parking fee: \$2.00

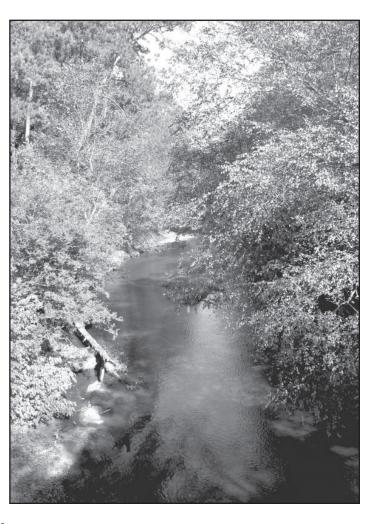
Office Hours:

Forest Cottage Rental \$100.00 per day + (tax and a refundable cleaning deposit of \$75)

Lazy Creek Cottage Rental Fee: \$125.00 per night + (tax and a refundable cleaning deposit of \$75)

\$160.00 per night + (tax and a refundable cleaning deposit of \$75)

**Peach Creek Camp Rental Fee:** \$40.00 per night Walk-in Tent sites Rental Fee: \$7.00 each site





# **Lake Houston Wilderness Park Nature Center**

For reservations call: (281)354-0173
Programs limited to 25 people unless otherwise specified
Programs are free once you have paid your \$3 admission fee at the park headquarters.

#### BREAKFAST WITH THE BIRDS/BIRDING 102 - March 7th, 8:30 a.m.

for ages 14+. Join fellow birding enthusiasts for an informal count of wintering and resident birds. Learn to identify birds by song and get more acquainted with the birds you love!!

Reservations required by Feb. 28th. Maximum of 10 people for this event so call ahead!

#### PARK AFTER DARK - Saturday March 14th, 6 p.m. ages 14+.

Do you want to get a close up look at the nocturnal creatures that inhabit the park?? Join us in the park after dark tour. We will take 4 wheel drive vehicles out to capture the beauty of our night time friends! Get your cameras ready! Reservations required beginning Feb 28th. Maximum of 10 people for this event so call ahead!

#### ARACHNIDS AMONG US!- Saturday March 21st, for all ages at

**2p.m.** Parents are welcome and encouraged. "Along came a spider and sat down beside her..." EEK! Don't worry kids, they are not all bad. Learn about the beauty of spiders. Discover the purpose and the amount of work put into building their magnificent webs! Make your own spider on its web to take home with you! <u>Reservations required</u> beginning March 7th. Space limited to 12 children and 12 adults.

#### BREAKFAST WITH THE BIRDS/BIRDING 101 - Saturday April 4th,

**8:30 a.m. for ages 14+.** Join fellow birding enthusiasts for an informal count of wintering and resident birds. Learn the basics of birding and get involved!!

Reservations required beginning March 21st.

# SWAMP TROMP- Saturday April 11th, beginning at 10a.m. and ending around 1:30p.m. for all ages

Join other nature lovers in a journey to remote sections of the park while checking out wildlife in its natural setting. Guests will be taken by 4-wheel drive vehicles, and given a hands on adventure into the wild! Bring a lunch with you to picnic at our beautiful Lake Isabel. So grab your rubber boots and bug spray! Reservations required beginning March 28th. Maximum of 10 people for this event so call ahead!

**SNAKE PRESENTATION-** *Saturday April 18th, 2:00p.m. for all ages.* Are you afraid of snakes?? Don't be! Join us on an informative and hands on presentation of these misunderstood creatures. *Reservations required by April 4th.* 

BREAKFAST WITH THE BIRDS/BIRDING 102- May 2nd, 8:30 a.m. for ages 14+. Join fellow birding enthusiasts for an informal count of resident birds. Learn to identify birds by song and get more acquainted

resident birds. Learn to identify birds by song and get more acquainted with the birds you love!! <u>Reservations required by April 18th.</u>

PARK AFTER DARK- Saturday May 9th, 7 p.m. for all ages. Do you want to get a close up look at the nocturnal creatures that inhabit the park?? Join us in the park after dark tour. We will take 4 wheel drive vehicles out to capture the beauty of our night time friends! Get your cameras ready! Reservations required beginning April 25th. Maximum of 10 people for this event so call ahead!

#### TURTLE TROOPERS! - Saturday May 16th, 1:30p.m.for ages

**7-13, and again at 3:30 for ages 4-6** Is the turtle shell a house? Why do they sink inside their shells?? Children will 4-wheel drive vehicles, and given have a great time learning about these popular reptiles and getting a chance to touch live turtles from the nature center. Reservations required starting May 2nd.

**SWAMP TROMP-** Saturday May 23rd, beginning at 10a.m. and ending around 1:30p.m. for all ages. Join other nature lovers in a journey to remote sections of the park while checking out wildlife in its natural setting. Guests will be taken by 4-wheel drive vehicles, and given a hands on adventure into the wild! Bring a lunch with you to picnic at our beautiful Lake Isabel.

So grab your rubber boots and bug spray! Reservations required beginning May 9th. <u>Maximum of 10 people for this event so call</u> ahead!

#### FRESHWATER ECOSYSTEMS, PROCESSES, AND

**FUNCTIONS-** Saturday May 30th at 2:00p.m. for ages 14+. Join us in learning about our freshwater ecosystems and how they work. We'll take a field trip through the parks freshwater creeks and ponds for hands on activities. Bring your rubber boots with you! Reservations required beginning May 16th.

**BREAKFAST WITH THE BIRDS/BIRDING 101** – *Saturday June 6th, 8:30 a.m. for ages 14+.* Join fellow birding enthusiasts for an informal count of resident birds. Learn the basics of birding and get involved!! *Reservations required by May 23rd.* 

PARK AFTER DARK- Saturday June 6th, 7 p.m. for all ages. Do you want to get a close up look at the nocturnal creatures that inhabit the park?? Join us in the park after dark tour. We will take 4 wheel drive vehicles out to capture the beauty of our night time friends! Get your cameras ready! Reservations required beginning June 13th. Maximum of 10 people for this event so call ahead!

PRAIRIE ECOSYSTEMS, PROCESSES AND FUNCTIONS-Saturday June 13th at 2p.m. for ages 14+. Join us in learning about our prairie ecosystems and how they work. What animals do

our prairie ecosystems and how they work. What animals do they inhabit, and how do we conserve the prairies. <u>Reservations</u> required beginning May 30th.

**PEACH CREEK TRASH BASH!** - Saturday June 20th, 1:30 p.m. for ages 14+. Help us keep our creek clear! Join other nature lovers in our efforts to keep the trash out of our waters. Bring your waders or thick soled shoes that can get muddy and let's jump in! No limit on participants!! Tell everyone you know to come help us!

FLAURA & FAUNA FILED TRIP- Saturday June 27th at 2p.m. for ages 14+. Join us in learning about the Flaura and Fauna of Lake Houston Park. We will have a mini lesson in the nature center presentation room and head out for a field trip around the park to see and touch examples of each within the park. Reservations required beginning June 13th.

# **Tennis Centers**

HPARD operates three centers each complete with a pro shop as well as locker and shower facilities which are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (713) 803-1112.

#### Memorial Park Tennis Center

The Memorial Park Tennis Center is located in Memorial Park. It provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates: Year Round
Time: 6:00 a.m. – 9:00 p.m.
(Weekdays)

7:00 a.m. – 6:00 p.m. (Weekends)

**Location:** Memorial Park (KM492F)

1500 Memorial Loop Dr., 77007

**Information:** (713) 867-0440

Juniors: \$2.00

Weekday Walk-on:

(Weekdays prior to 6:00 pm) \$ 3.50 (Prior to 6:00 pm) \$ 4.00 (Prior to 6:00 pm)

Weekday Reserved: \$4.00 (F Evening & Weekend Walk-on: \$5.50 Evening & Weekend Reserved: \$6.00

Tournaments and leagues: Contact Center

#### Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates: Year Round
Time: 7:30 a.m. – 9:00 p.m.
(Weekdays)

7:30 a.m. – 6:00 p.m. (Weekends)

**Location:** Lee LeClear (KM 530T) 9506 S. Gessner, 77074

**Information:** (713) 272-3697

Juniors: \$2.00

(Weekdays prior to 6:00 pm)

Weekday Walk-on: \$3.50 (Prior to 6:00 pm)

Weekday Reserved: \$4.00 (Prior to 6:00 pm)

Evening & Weekend Walk-on: \$5.50 Evening & Weekend Reserved: \$6.00 Tournaments and leagues: Contact Center

#### Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates:Year RoundTime:7:30 a.m. - 9:00 p.m.

(Weekdays) 7:30 a.m. – 6:00 p.m. (Weekends)

Location: Inside MacGregor Park

(KM 534E)

5225 Calhoun, 77021

**Information:** (713) 842-3460

Juniors: \$1.00

(Weekdays prior to 6:00 pm)

Weekday Walk-on: \$2.50 (Prior to 6:00 pm)

Weekday Reserved: \$3.00 (Prior to 6:00 pm)

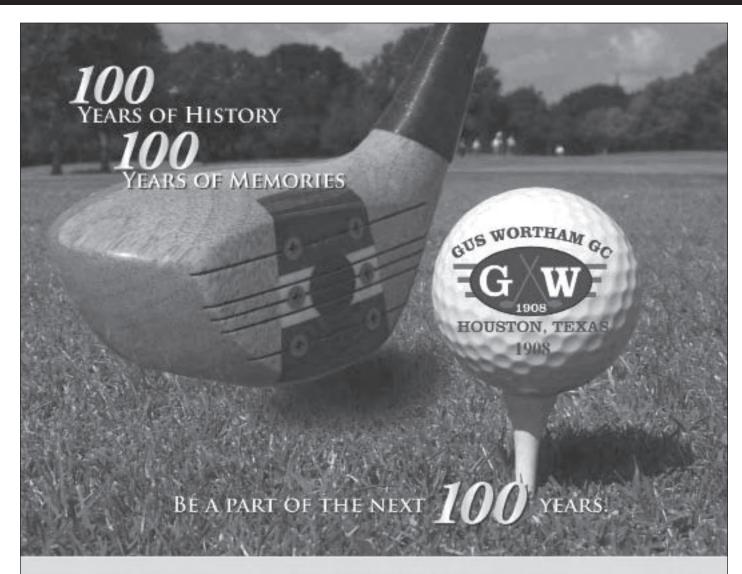
**Evening & Weekend Walk-on:** \$4.50 **Evening & Weekend Reserved:** \$5.00

Tournaments and leagues: Contact Center



#### Neighborhood Municipal Tennis Courts Tennis Office: (713) 803-1112

	( 1, 11		
Alief Park (KM 529E)	11903 Bellaire Blvd, 77072	4 Lighted Courts	1 Practice Wall
Anderson Park (KM 491X)	5701 Beverlyhill, 77057	2 Lighted Courts	
Bendwood Park (KM 489D)	12700 Kimberley, 77024	2 Lighted Courts	1 Practice Wall
Beverly Hills Park (KM 576S)	10201 Kingspoint, 77075	1 Court	
Bonham Park (KM 530Q)	8401 Braes Acres, 77074	2 Lighted Courts	
Briarmeadow Park (KM 490Z)	7703 Richmond, 77063	2 Lighted Courts	
R.L & Cora Johnson Park (KM 450A)	9920 Porto Rico, 77041	2 Lighted Courts	
Charlton Park (KM 535P)	8200 Park Place, 77017	2 Lighted Courts	
Herman Brown Park Chorryburst Park (KM 402V)	400 Mercury Drive, 77013 1700 Missouri, 77006	4 Lighted Courts 1 Lighted Court	1 Practice Wall
Cherryhurst Park (KM 492V) Chimney Rock Park (Platou) (KM 571B)	11655 Chimney Rock, 77035	2 Lighted Courts	i i iactice vvali
Cleveland Park (KM 492M)	200 Jackson Hill, 77007	2 Courts	
Clinton Park (KM 495U)	200 Mississippi, 77029	2 Lighted Courts	
Cloverland Park (KM 573L)	3801 Hickok, 77047	2 Lighted Courts	
Cole Creek Park (KM 411W)	7200 Drowsy Pine, 77092	2 Courts	
Crestmont Park (KM 574J)	5100 Selinsky Rd, 77048	2 Lighted Courts	1 Practice Wall
Dodson Lake Park (KM 454F)	9010 Dodson, 77093	2 Lighted Courts	1 Practice Wall
Dow Park (KM 535X) 7942	7942 Rockhill, 77061	3 Lighted Courts	1 Practice Wall
Eastwood Park (KM 494T)	5000 Harrisburg, 77011	2 Lighted Courts	
Emancipation Park (KM 493U)	3018 Dowling, 77004	2 Lighted Courts	1 Practice Wall
Finnigan Park (KM 494G)	4900 Providence, 77020	2 Lighted Courts	
Fleming Park (KM 532D)	1901 Sunset Blvd, 77005	2 Lighted Courts	
Freeway Manor Park (KM 576F)	2241 Bronson/2300 Theta, 77034	1 Lighted Court	
Grady Park (KM 491Q) Graham Park (KM 452R)	1700 Yorktown, 77056 540 West 34th St, 77018	1 Lighted Court 1 Lighted Court	
Greenwood Park (KM 497A)	602 Beresford, 77015	2 Lighted Courts	
Grimes Park (Lease) (KM 573D)	5150 Reed Rd, 77033	2 Lighted Courts	
Hager (Lee) Park (KM 571A)	12100 Landsdowne, 77035	1 Lighted Court	1 Practice Wall
Halbert Park (KM 453S)	200 East 23rd St, 77008	1 Lighted Court	
Hartman Park (KM 535C)	9311 Avenue P, 77012	2 Lighted Courts	
Haviland Park (KM 570H)	11600 Haviland, 77035	2 Lighted Courts	
Highland Park (KM 451D)	3316 DeSoto, 77091	2 Lighted Courts	1 Practice Wall
Hutcheson Park (KM 454U)	5400 Lockwood, 77026	1 Lighted Court	
Independence Heights Park (KM 453N)	601 East 35th St., 77022	1 Lighted Court	
Ingrando Park (KM 535E)	7302 Keller, 77012	2 Lighted Courts	
Smokey Jasper Park (KM 415A)	13400 River Trail Rd, 77050	2 Lighted Courts	
Jaycee Park (KM 452W)	1300 Seamist, 77008	2 Lighted Courts	1 Practice Wall
Walter Jones Park (KM 575T)	8000 Coastway Lane, 77075	2 Lighted Courts	
Keith-Wiess Park (KM 413M)	12300 Aldine-Westfield, 77093	2 Lighted Courts	1 Practice Wall
Law Park (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033 979 Grenshaw, 77088	2 Lighted Courts 1 Lighted Court	I Fractice vvali
Lincoln Park (KM 412Q) Linkwood Park (KM 532P)	3699 Norris, 77025	2 Lighted Courts	1 Practice Wall
Mangum Manor Park (KM 451L)	5235 Saxon, 77092	1 Lighted Court	1 Practice Wall
Mason Park (KM 535A)	541 South 75thSt/Tipps, 77023	2 Lighted Courts	T Taolioo Traii
Meadowcreek Village Park (KM 536S)	5333 Berry Creek, 77017	2 Lighted Courts	
Melrose Park (KM 413T)	12200 Melrose Park Rd., 77076	4 Lighted Courts	
Meyerland Park (KM 531Q)	5151 Jason, 77096	2 Lighted Courts	
Milby Park (KM 535G)	2001 Central, 77017	2 Lighted Courts	
Milroy Park (KM 452Z)	1205 Yale, 77008	1 Lighted Court	
Montie Beach Park (KM 453X)	915 Northwood, 77009	2 Lighted Courts	
Moody Park (KM 453Y)	3725 Fulton, 77009	2 Lighted Courts	
Nieto Park (KM 495A)	500 Port, 77020	1 Lighted Court	
Northline Park (KM 413W)	6902 Nordling, 77076	2 Lighted Courts	1 Drootice Well
Nottingham Park (KM 489E) Oak Forest (KM 452N)	14205 Kimberley, 77079	2 Lighted Courts 2 Lighted Courts	1 Practice Wall
Proctor Plaza (KM 453X)	2100 Judiway, 77018 803 W. Temple, 77009	1 Lighted Court	
Gail Reeves Park (KM 531N)	8800 Mullins, 77096	2 Lighted Courts	1 Practice Wall
River Oaks Park (KM 492S)	3600 Locke Lane, 77027	4 Courts	
Judson Robinson, Sr. Park (KM 495L)	1422 Ledwicke, 77029	1 Lighted Court	
Sagemont Park (KM 576Y)	1507 Hughes, 77089	2 Lighted Courts	
Zollie Scales Park (KM 533P)	501 Corder, 77021	1 Lighted Court	
Scenic Woods Park (KM 415W)	449 Lakewood, 77017	2 Lighted Courts	
Schwartz Park (KM 451N)	8203 Vogue, 77055	2 Lighted Courts	
Settegast Park (KM 494N)	3001 Garrow, 77003	1 Lighted Court	
Sharpstown Park (KM 530F)	8200 Bellaire Blvd, 77036	2 Lighted Courts	
Spotts Park (KM 493J)	401 S Heights Blvd, 77007	2 Lighted Courts	
Sunnyside Park (KM 533X) Tanglewood Park (KM 491K)	3502 Bellfort, 77051	2 Lighted Courts 2 Lighted Courts	
Tanglewood Park (KM 491K) Tidwell Park (KM 454D)	5801 Woodway, 77057 9720 Spaulding, 77016	2 Lighted Courts 2 Lighted Courts	
Townwood Park (KM 572P)	3403 Simsbrook, 77045	1 Lighted Court	
Westbury Park (KM 531W)	5635 Willowbend, 77096	2 Lighted Courts	
Westwood Park (KM 532S)	4045 Lemac, 77025	2 Lighted Courts	
Willow Park (KM 531Z)	10400 Cliffwood, 77035	2 Lighted Courts	1 Practice Wall
Wilson Memorial Park (KM 576G)	100 Gilpin, 77034	2 Lighted Courts	
Windsor Village Park (KM 571P)	14441 Croquet, 77085	2 Lighted Courts	
Winzer Park (KM 412S)	7300 Carver / Dolly Wright, 77088	2 Lighted Courts	
Woodland Park (KM 493C)	212 Parkview, 77009	1 Lighted Court	
Karl Young Park (KM 532J)	7800 Stella Link, 77025	1 Lighted Court	_
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## East End Golf Classic

Hosted by Council Member James G. Rodriguez

Register today for the East End Golf Classic and join the effort to preserve and restore Houston's Historic Gus Wortham Golf Course.

> Friday, May 29, 2009 8:30 a.m. Tee Time

Benefiting the renovation and beautification of Houston's Historic Gus Wortham Golf Course,
Texas' oldest 18-hole golf course in continuous play.

For more information on the East End Golf Classic and on Gus Wortham Golf Course restoration project contact the Houston Parks Board at (713) 861-0902 or visit www.houstonparksboard.org







### Golf Course Information and Green Fees

The Parks and Recreation Department provides 7 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Brock Park and Gus Wortham Park courses, there is something for every golfer. Memorial, Hermann and Gus Wortham are all I ocated inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock offers opportunities to Northeast golfers, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges, and all have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose. All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (18 – under) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season. Please call the course.

For tee time reservations, log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown and Gus Wortham. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses. (Note: Prices subject to change without notice.Extra fee applies for use of electric golf car.)



Memorial Park Golf Course

Memorial Park Golf Course began n 1923 as a 9-hole sand green course built near the hospital opened to the public. In an ambitious effort to enhance parks

across the city, the Parks and Recreation Department in 1935 began constructing an illustrious 18-hole golf course. In July of the following year, the first ball was teed off on what architect John Bredemus called his "greatest golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers such as Babe Didrikson 1951 to 1963. In 1995, the newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays.

Location: Memorial Park (KM 492F) 1001 Memorial Loop, 77007

 Information:
 (713) 862-4033

 Yardage / Par:
 7309 / 72

 Hours:
 Dawn - 10:00 p.m.

Junior (Weekday only): \$8.00
Senior/Disabled (Weekday only): \$12.00
Weekday (Monday - Thursday): \$26.00
Weekday Twilight: \$18.00
Weekend/Holiday (Friday - Saturday): \$37.00
Weekend/Holiday Twilight: \$24.00



Hermann Park Golf Course

Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush andcourse has been at the center of a rich tradition of

golfing excellence. The course was fully renovated in 1998. The clubhouse is located at the corner of Almeda and North MacGregor, and from thereyou set out on this short, but challenging and enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar. It is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required Weekend mornings.

Location: Hermann Park (KM 533A)

2155 N. MacGregor, 77030

Information: (713) 526-0777 Yardage / Par: 6014 / 70

**Hours:** 7:00 a.m. - 9:00 p.m.

Junior (Weekday only): \$ 6.00 Senior/Disabled (Weekday only): \$ 9.00 Weekday (Monday - Thursday): \$21.50 Weekday Twilight: \$14.34 Weekend/Holiday (Friday - Saturday): \$30.64 Weekend/Holiday Twilight: \$18.78







Gus Wortham Park Golf Course

Come play on living history! Gus Wortham opened in 1908 as the original Houston Country Club. Today, Wortham is the oldest continually operating 18 hole

course in the state. Gus Wortham provides challenges not regularly found in Houston. Elevated tees and uphill carries to greens make you use all your clubs. The course is relatively wide open, making it attractive for all levels of golfers. The front 9 features 3 consecutive par 5 holes, 2 of which you may want to go for in 2. Your shot-making skills will be tested on several of the "short but challenging" par 4 holes. Playing to as much as 6,300 yards, Gus Wortham is a fun course. Located only minutes from downtown and inside the loop. A full driving range is available for practice or warming up. Additional practice areasinclude a putting green, chipping green and practice bunker. The proshop staff is available for lessons. Tee times are available on weekends and holidays. Gus Wortham has a fully stocked pro shop and full snack bar.

**Location:** Gus Wortham Park (KM 494Z)

7000 Capital, 77023

 Information:
 (713) 928-4260

 Yardage / Par:
 6447 / 72

 Hours:
 Dawn - Dusk

Junior (Weekday only): \$ 5.00
Senior/Disabled (Weekday only): \$ 8.00
Weekday (Monday - Thursday): \$14.00
Weekday Twilight: \$11.00
Weekend/Holiday (Friday - Saturday): \$19.00
Weekend/Holiday Twilight: \$13.50



Brock Park Golf Course

Welcome to Houston's "Best Kept Secret," Brock Park Golf Course, quietly tucked in northeast Houston, far from the noise, but less than 20 minutes from downtown. Brock

Park is managed and maintained by the Houston Parks and Recreation Department's golf operations division staff. This tree-lined course has been one of the City's fine municipal courses since 1972. Brock plays to 6,427 yards with elevation changes unlike most courses in the area. It combines risk and reward on many holes, and requires good shot selection and execution on others. Greens Bayou comes into play on 4 holes, and creeks cross 4 others. Good scores can be found at Brock, provided you stay out of the trees! A driving range is available for practice or for warming up. Additional practice areas include a putting green, chipping green and practice bunker. The pro shop staff is available for lessons. Tee times are available on weekends and holidays. Brock Park is a non-metal spike facility with a fully stocked pro shop and snack bar.

Location: Brock Park (KM 456E)

8201 John Ralston Road

Information: (281) 458-1350
Yardage / Par: 6427 / 72
Hours: Dawn - Dusk

Junior (Weekday only): \$5.00
Senior/Disabled (Weekday only): \$7.00
Weekday (Monday - Thursday): \$12.00
Weekday Twilight: \$8.50
Weekend/Holiday (Friday - Saturday): \$17.00
Weekend/Holiday Twilight: \$12.00







Glenbrook Park Golf Course

Glenbrook Park Golf Course is located south/southeast of downtownHouston and is managed for HPARDby the Lopez Management Group.

Glenbrook is located along Sims Bayou, with 7 holes crossing the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees. Tee times are available on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on fees is additional.

**Location:** 8205 Bayou Drive

Glenbrook Park (KM 535Q)

8205 Bayou Drive, 77017

Information: (713) 649-8089

Yardage / Par: 6290 / 71 Hours: Dawn - Dusk

Junior (Weekday only): \$ 5.00 Senior/Disabled (Weekday only): \$ 8.00 Weekday (Monday - Thursday): \$14.00 Weekday Twilight: \$11.00 Weekend/Holiday (Friday - Saturday): \$19.00 Weekend/Holiday Twilight: \$13.50



Sharpstown Park Golf Course

Welcome to Houston's "Best Golfing Value." Sharpstown Golf Course has earned this reputation by providing outstanding customer

service and excellent facility conditions, while offering some of the lowest fees in the gulf coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, reconstructed bunkers, tees and lakes. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player. Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, café and beverage cart and golf professionals who are available for lessons. Tee-times are available on weekends and holidays.

**Location:** Sharpstown Park (KM 530F)

6600 Harbor Town, 77036

 Information:
 (713) 988-2099

 Yardage / Par:
 6600 / 70

 Hours:
 Dawn - Dusk

Junior (Weekday only): \$6.00
Senior/Disabled (Weekday only): \$10.00
Weekday (Monday – Thursday): \$15.00
Weekday Twilight: \$12.00
Weekend/Holiday (Friday-Saturday): \$20.00
Weekend/Holiday Twilight: \$15.00

#### Houston Garden Center

Wander the pathways of The Houston Garden Center and enjoy the sights and smells of over 2,500 roses. Identify your favorite rose, tree or flower on a casual stroll or plan your next event with the center as its backdrop. The gardens cover 6 acres of land and include the All-American Rose Selection Test Garden, the Bulb Garden, the Fragrant Garden, the Perennial Garden, the Camellia Garden, the Friendship Pavilion and the early stages of the International Garden.

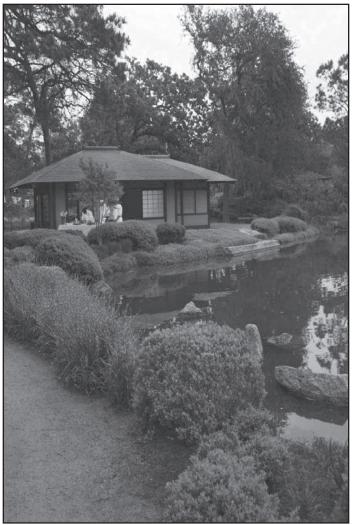
Every year, the Garden Center serves as a backdrop for weddings, private functions, plant shows and various garden club meetings. Visit www.houstonparks.org for a listing of horticultural grops that meet at the Houston Garden Center throughout the year.

The center is located across from the Miller Outdoor Theatre and just east of the Houston Museum of Natural Science. For rental information, contact the Houston Garden Center Office during normal business hours.

**Office Hours:** 8:00 a.m. – 5:00 p.m. Monday through Friday

**Information:** (713) 284-1989





Japanese Garden at Hermann Park

Come stroll our shaded paths, enjoy the beauty of the flowers, spend a moment in quiet reflection and escape into the Land of the Rising Sun. Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by worldrenowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the United States, and to recognize Houston's thriving Japanese community. The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this five acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art. The garden exemplifies the philosophical and artistic attitude of the designer and combines elegant simplicity with traditional design to fit in harmony with the park's topography and Texas roots. The Japanese Garden is open daily for your enjoyment and there is no admission charged.

#### The Japanese Garden is not available for rentals

Hours: 10:00 a.m. - 6:00 p.m. (Spring/Summer) 10:00 a.m. - 5:00 p.m. (Fall/Winter)

**Location:** 6001 Fannin (713) 284-8300 (713) 284-1300

## **Senior Programs**

HPARD Senior Programs provides a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers throughout Houston. Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Senior Olympics competition and sports programs. Most programming is **FREE** unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages:55 and olderRegistration:OngoingProgram Dates:Ongoing

Fees: FREE (except for field trips, minimum cost)

**Times:** Various by Community Center

**Information:** (713) 865-4515 (713) 865-9356

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Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
Judson Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	(713) 674-2401
Lansdale (KM 530K)	8201 Roos, 77036	(713) 272-3668
Platou (KM571B)	11655 Chimney Rock	(713)726-7107
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 636-8221

#### **TUESDAY**

Clark (KM 453B)	9/18 Clark, 7/0/6	(713) 742-1497
Selena Quintalla Perez/		
Denver Harbor (KM 494H)	6402 Market, 77020	(713) 675-2151
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Fonde (KM 493K)	110 Sabine, 77002	(713) 226-4466
Highland (KM 451D)	3316 Desoto, 77091	(713) 956-9137
Platou (KM571B)	11655 Chimney Rock	(713) 726-7107

#### **WEDNESDAY**

DeZavala (KM 495S)	7521 Avenue H., 77012	(713) 923-5163
Lansdale (KM 530K)	8201 Roos, 77036	(713) 272-3668
Sunnyside (KM 533X)	3502 Bellfort, 77051	(713) 734-5061

#### **THURSDAY**

Crestmont (KM 574J)	6200 Selinsky, 77048	(713) 733-2236
Eastwood (KM 494T)	5020 Harrisburg, 77011	(713) 928-4801
Love (KM 452Z)	1000 West 12th, 77008	(713) 867-0497

#### **FRIDAY**

2000 20 mond (1 m) 00 m)	Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
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#### **SATURDAY**

Fonde (KM 493K) 110 Sabine, 77002 (713) 226-4466







## Houston Parks and Recreation Department - (713) 865 - 4500

Senior Specialty Crafts/Activities

Learn and enjoy a variety of leisure type activities including flower arranging, ceramics, quilting, painting and much more at some of your local community centers

18 and older Ages: Registration: Year round Fee: **FREE Program Dates:** Year round

Times: Various by Community Center

Information: (713) 865-4512 (713) 865-4517

NORT	HE/	<b>AST</b>
Clark	(KM	453

Clark (KM 453B)	Arts & Crafts	Th	12:00 p.m. – 2:00 p.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 p.m. – 2:00 p.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Hat Making	M	9:00 a.m. – 2:00 p.m.	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Crafts	T, W & F	12:00 p.m. – 2:30 p.m.	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Crafts	W	8:00 a.m. – 3:00 p.m.	203 Mississippi, 77029	(713) 673-0955
Finnigan (KM 495H)	Crafts	M - F	9:00 a.m. – 12:00 p.m.	4900 Providence, 77020	(713) 678-7385
Tidwell (KM 454D)	Quilting	M	10:00 a.m. – 11:45 a.m.	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Floral Arranging	W	10:00 a.m. – 11:45 a.m.	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Jewelry Making	T	10:00 a.m. – 11:45 a.m.	9720 Spaulding, 77016	(713) 636-8221
Moody (KM 453Y)	Crafts	M	1:00 p.m. – 2:45 p.m.	3725 Fulton, 77009	(713) 692-6925

NORTHWEST					
Lincoln City (KM 412Q)	Quilting	M	9:00 a.m. – 1:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Writing	M	11:30 a.m. – 12:30 p.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Computer Class	T	10:30 a.m. – 12:30 p.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Gardening	2nd & 4th W	10:00 a.m. – 11:00 a.m.	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	Senior's Game Day	W	10:00 a.m. – 12:00 p.m.	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Ceramics	T	10:00 a.m. – 12:00 p.m.	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Jewelry Making	T	12:00 p.m. – 2:00 p.m.	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	Th	11:00 a.m. – 1:00 p.m.	1205 Yale, 77008	(713) 867-0397
Montie Beach (KM 453X)	Ceramics	W	10:30 a.m. – 12:30 p.m.	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	Quilting	M &T	10:30 a.m. – 12:30 p.m.	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Scrapbooking	T & Th	10:00 a.m 1:00 p.m.	803 West Temple, 77009	(713) 867-0401
R.L. & Cora Johnson (KM 450A)	Crochet	F	10:00 a.m. – 12:00 p.m	9801 Tanner, 77041	(713) 895-6141
R.L. & Cora Johnson (KM 450A)	Quilting	M	10:00 a.m. – 12:00 p.m.	9801 Tanner, 77041	(713) 895-6141





#### **SOUTHEAST**

Beverly Hills (KM 576S)
Cloverland (KM 573L)
Crestmont (KM 574J)
Eastwood (KM 494T)
Edgewood (KM 534X)
Edgewood (KM 534X)
Hartman (KM 535C)
Ingrando (KM 535F)
Mason (KM 535A)
Meadowcreek (KM 535A)
Meadowcreek (KM 535A)
Meadowcreek (KM 535A)
Sagemont (KM 576Y) 1
Settegast (KM 494N)
9 ( ,

Ceramics	N
Ceramics	Ν
Crafts	٦
Crafts	٦
Hat Making	٦
Jewelry Making	٦
Ceramics	V
Ceramics	٧
Ceramics	٦
Senior Aerobics	Ν
Line Dancing/Board Games	F
Walking	Ν
T.O.P.S.	٦
Ceramics	٦

1 & W	10:00 a.m 2:00 p.m.
1, T & W	10:00 a.m 12:00 p.m.
h	9:00 a.m 2:30 p.m.
h	10:00 a.m. – 2:00 p.m.
h	10:00 a.m. – 2:00 p.m.
Th,F	9:00 a.m 2:00 p.m.
V	10:00 a.m. – 1:00 p.m.
V	9:00 a.m. – 12:00 p.m.
	10:00 a.m. – 1:00 p.m.
1 & W	10:00 a.m. – 11:00 a.m.
	10:00 a.m 12:00 p.m.
1 - F	7:00 p.m. – 8:00 p.m.
	7:00 p.m. – 8:00 p.m.
	9:00 a.m1:00 p.m.

#### **SOUTHWEST**

<u>3001⊓₩⊑31</u>
Burnett Bayland (KM 531B)
Burnett Bayland (KM 531B)
Godwin (KM 531U)
Lansdale (KM 530K)
Lansdale (KM 530K)
Linkwood (KM 532P)
Linkwood (KM 532P)
Platou (KM 571B)
Sharpstown (KM 530F)
Sharpstown (KM 530F)
Sharpstown (KM 530F)
Sunnyside (KM 533X)
Windsor Village (KM 530K)

Dominos
Table Tennis
Ceramics
Ceramics
Creative Crafts
Quilting
Hat Making
Senior Games
Scrapbooking
Knitting
Quilting/
Quilting
Ceramics
nds Sensibly

- & Th - //, W & F - & Th 	1:00 p.m 3:00 p.m. 1:00 p.m 3:00 p.m. 10:00 a.m 1:00 p.m. 10:00 a.m 11:00 a.m 10:00 a.m 11:00 a.m 6:00 p.m 7:00 p.m. 6:00 p.m 7:00 p.m. 12:30 p.m 2:30 p.m. 12:30 p.m 2:30 p.m. 12:30 p.m 3:30 p.m. 12:30 p.m 2:30 p.m.
& Th	9:30 a.m 12:00 p.m.

6200 Chimney Rock, 77081	(713)	668-4516
6200 Chimney Rock, 77081	(713)	668-4516
5101 Rutherglen, 77096	(713)	726-7114
8201 Roos, 77036	(713)	272-3668
8201 Roos, 77036	(713)	272-3668
3699 Norris, 77025	(713)	314-3107
3699 Norris, 77025	(713)	314-3107
11655 Chimney Rock 77053	` '	726-7107
6600 Harbor Town, 77036	\ /	988-5328
6600 Harbor Town, 77036	\ /	988-5328
6600 Harbor Town, 77036	` '	988-5328
3502 Bellfort, 77051	٠,	734-5061
14441Croquet 77085	(713)	726-7113

<sup>&</sup>lt;sup>1</sup> T.O.P.S. – Taking Off Pounds Sensibly

## **Adaptive Sports and Recreation**

The Houston Parks and Recreation Department provides access to year round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

Greater Houston Athletic Association for Physically Disabled

The mission of the Greater Houston Athletic Association for Physically Disabled is to assist a person with a physical disability with either the rehabilitation or habilitation process by fostering a more healthy self esteem through successful participation in physical activity enhancing the chances of an independent lifestyle. It's objectives are to provide competitive and recreational opportunities, to support the development of community based after-school sports and recreation programs for school age youth, to support community-based groups to form new or additional sports programs, to conduct local and national competitive events and to conduct or support educational programs including clinics to instruct and inform the community on the various sports and recreational opportunities. For more information contact the Greater Houston Athletic Association for Physically Disabled at (713) 521-3737.

Activity: Wheelchair Soccer and Bocce

**Information:** (713) 521-3737 www.ghaapd.org

#### The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state, and local levels. The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community. For more information contact the Arc of Greater Houston at (713) 957-1600.

**Activity:** Monthly Dance/Social for adults with

intellectual and developmental disabilities

**Information:** (713) 957-1600

www.thearcofgreaterhouston.com

Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. The Houston Area Parkinson Society provides numerous programs and services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi, and other therapy groups. **Free** support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available. For more information contact the Houston Area Parkinson Society (713) 313-1652.

**Activity:** Tai Chi and Exercise for Adults with Parkinson

**Information:** (713) 313-1652 www.hapsonline.org

The River Performing and Visual Arts Center

The River is a non-profit 501(c)(3) organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome. The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available. For more information contact The River Performing and Visual Arts Center at (713) 520-1220.

**Information:** (713) 520-1220

www.theriver.org

## **Houston Parks and Recreation Department - Adaptive Recreation**

**Aquatics Program** 

Adaptive Aquatics - Initial in water orientation and then exercise, lap swim or water walk in the heated, indoor-natatorium. The pool provides a great environment for people with disabilities to exercise. Participants are required to have independent functioning mobility skills or bring an adult attendant to assist. Pre-registration is required and must be complete prior getting in the pool. HPARD staff will conduct initial safety screening in the water.

Physical therapy or other private practice businesses are not permitted to operate in this pool.

Ages:Youth and AdultRegistration:RequiredFee:FREEProgram Dates:Year round

Times: Vary

**Location:** Metropolitan Multi-Service Center 1475 West Gray (713) 284-1973

Junior Wheelchair Sports and Recreation Camp

This wheelchair sports and recreation camp is an adventurous day camp designed specifically for individuals with physical disabilities who have independent functioning skills age 6 and up, to explore their potential and try things they never imagined possible. The camp will provide youth with a physical disability such as cerebral palsy, spina bifida,

amputation, spinal cord injury, muscular dystrophy or other physical/mobility disability an opportunity to become involved in sport and recreation activities, make friends and have fun.

Ages:

Program Date: 2 - 19

Times: April 11 – September 12

Location: April 11 – September 12

2nd Saturday of the month

Information: FREE

Metropolitan Multi-Service Center

1475 West Gray Rosario Vasquez Youth Social and Play Group

Ray of Light youth group-education, socialization, play and networking for youth with multiple disabilities and their families. This parent and volunteer driven groups come together to share resources, learn from each other and engage in adaptive play activities with their kids. Parents are required to participate in activities with their child. The group meets the 2nd Saturday of each month at the Metropolitan Multi-Service Center.

**Ages:** 6 –18

Program Dates:July 6 – July 9Times:9:00 p.m.-3:00 p.m.Fee:\$25.00 activity fee

**Location:** Metropolitan Multi-Service Center

**Information:** 1475 West Gray

Peggy Turner (713) 284-1983



## Houston Parks and Recreation Department - (713) 865 - 4500

#### Adult Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center is specifically designed to be used by adults with a physically disability including visually impaired and blind who are able to function independently. The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages: 16 - older Registration: Required FREE

**Days and Times:** 8:00 a.m. – 7:00 p.m., Monday – Thursday

8:00 a.m. – 2:00 p.m., Friday

**Location:** Metropolitan Multi-Service Center

1475 West Gray

**Information:** (713) 284-1973

Adolescent Bariatric Surgery Program Support Group

The support group is hosted monthly for adolescence and family by Texas Children's Hospital staff and is held at the Metropolitan Multi-Service Center. In partnership, the adaptive recreation staff plans and conducts physical activities for the participants each month. This is a specialized program designed to enhance the overall fitness level and functional capacity of each bariatric patient. Focus will be on lifetime fitness activities and exercise.

Dates:

2nd & 4th Tuesday of every month

Times: Fee:

5:30 p.m. – 7:00 p.m.

Location:

FREE
Metropolitan Multi-Service Center

1475 West Gray

Information:

Trish Walters-Salas, BSN, RN,

CCM Case Manager Bariatric Surgery Program, Texas Children's Hospital

(832) 822-4868

#### Adult Wheelchair Football & Basketball

Weekly practice and play throughout the summer is scheduled for adults age 16 and up. Participants must have independent functioning skills to participate in the program. This is a recreational wheelchair flag football activity for adults, with independent functioning skills. Rules are adapted so individuals who normally use a motorized chair can participate. Practices will be held as well as games with community groups. Registration is required.

Ages: 16 - older Registration: Required FREE

**Program Dates:** Days and Times Vary

**Location:** T.B.A. (will be determined based on registration)

**Information:** (713) 284-1973

#### Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in this quadriplegics who have independent, upper body function. Must have independent functioning skill to participate. Motorized chairs not permitted in this game.

Ages: 12 - older
Registration: Required
Fee: FREE
Program Dates: Thursdays

**Times:** 6:00 p.m. – 8:00 p.m.

**Location:** Metropolitan Multi-Service Center

1475 West Gray

**Information:** (713) 284-1973





## **Houston Parks and Recreation Department - Adaptive Recreation**

Houston Deaf Seniors of Texas

This lively group of adults, meet for coffee, socializing, games and informative presentations about services available for Houston area people who are deaf or hard of hearing. The group meets twice a month, usually the 2nd and 4th Wednesday of the month at the Metropoloitan Multi-Service Center

**Ages:** 55 - up

Program Dates: April 9 - September 24

Fee: FREE

**Location:** Metropolitan Multi-Service Center

1475 West Gray

Information: Nancy Morris

(281) 656-2576

Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of Adaptive Recreation. They also help communicate the vision, goals and services of Adaptive Recreation to constituent communities and provides a forum for program ideas and services. The Friends of the Park Council at MMSC meets on the second Tuesday of the month.

**Date:** 2nd Tuesday every 2 months

**Time:** 3:30 p.m. - 5:00 p.m.

**Location:** Metropolitan Multi-Service Center

1475 West Gray

**Information:** (713) 284-1973

peggy.turner@cityofhouston.net

#### **Beginning Weight Training**

This six (6) week class covers the basics of weight training, strength and conditioning and weight room safety and etiquette. Participants will also learn basic anatomy and core strengthening.

Ages: 16 - older
Registration: Required
Program Dates: February, 2009

Mondays & Wednesdays 11:00 a.m. - 12:30 p.m.

Fee: FREE

**Location:** Metropolitan Multi-Service Center

1475 West Gray

**Information:** (281) 284-1973





## **Park Volunteer Programs**

Every year the Houston Parks and Recreation Department depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

#### Teen Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option and develop your personal and professional skills while giving back to your community. Volunteer opportunities include: After School Enrichment Program Assistance, Office Assistant, Receptionist. No experience is necessary. The completion of a Teen Volunteer Application Form is required.

Ages: 14 - 17 Registration: Ongoing

Program Dates: During Community Center hours January 2, 2009 – May 17, 2009

Times: 3:00 p.m. - 8:00 p.m.
Location: All area Community Centers

**Information:** (713) 865-4511

#### Adult Volunteer Program

Volunteer at your area community center and gain valuable experience in the recreational field, explore a potential career option, develop your personal and professional skills while giving back to your community. Volunteer opportunities include: Assist with After School Enrichment Program, Office Assistant, Chaperone on youth field trips and Receptionist duties. No experience is necessary. An Adult Volunteer Application From must be completed. All applicants must pass a Background Check before being accepted as a volunteer.

**Ages:** 18 - older **Registration:** Ongoing

Program Dates: During Community Center hours January 2, 2009 – May 17, 2009

Times: 12:00 p.m. - 8:00 p.m.

Location: All area Community Centers

**Information:** (713) 865-4512 (713) 865-4516

#### Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in baseball, basketball, cycling, flag football, golf, soccer, track and field and volleyball. Volunteers must complete an application and successfully pass a background check to participate.

**Ages:** 18 - older (713) 865-9348

#### Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning and assisting with special events and providing input regarding the community's programming needs.

Ages: 18 – older

Location: All Community Centers
Information: Contact your local
Community Center

#### Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program. Volunteer ages, dates and times of volunteer activity vary by event. All volunteers must complete a volunteer waiver form for each event.

**Ages:** Youth – Adult (varies with project)

**Information:** (713) 865-9348





Internship Program

The Houston Parks and Recreation Department provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study. The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions. You are welcome to apply to be an intern at the Houston Parks and Recreation Department.

**Ages:** 18 - older (713) 865-9334

**Eagle Scout Projects** 

The Houston Parks and Recreation Department welcomes project submission from Eagle Scout candidates for projects that benefit park green spaces, youth sports programs and our community centers.

**Information:** (713) 865-9348



## **Park Adoption Programs**

HPARD's Adoption programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're an individual, group or business interested in active community involvement we have a program that will fit your desire improve the quality of our park system and public land.

There are 4 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us all by and green spaces places that we're all proud of!

**Contact:** Marilu De La Fuente Information: (713) 845-1223

marilu.delafuente@cityofhouston.net

Adopt-A-Park

This adoption program welcomes individuals, homeowners, associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park. Term of agreement is 2-3 years.

Adopt-An- Esplanade

This adoption program welcomes individuals, homeowners, associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians. Term is perpetual provided adoptee maintains esplanades/medians free of trash, mowed and edged.

#### Adopt-A-Sports Field

This adoption program welcomes organizations or individuals who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ball fields. This adoption is available for youth leagues only. The term is for 6 months (January-June) and (July-December). The adoptee is responsible for all maintenance related to the sports field for the entire 6 month period.

#### Adopt-A-Library Green Space

This adoption program welcomes individuals, homeowners, associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds. Term is a one year minimum.

## **Permits and Reservations**

The Houston Parks and Recreation Department has many different venues available for rental. Whether you are planning a wedding, a family or a neighborhood event, a company picnic or a sports tournament we have a site for you!

An area within a park may be reserved for personal use or private events by obtaining a permit through the Permits section of the Houston Parks and Recreation Department for a fee and refundable deposit. This permit ensures the exclusive use of the specific space for a designated time frame.

Park space, including pavilions, picnic table clusters and open space may be reserved for picnics, birthday parties, family or religious gatherings, weddings and more. Sports field rentals and reservations, with all the amenities, are also available year round at nominal fees for weekdays and weekends. When planning your event it is very important to contact the Permits Office as early as possible to receive the most current information on the park or facility of your choice.

For information regarding permits for large public events, call the Mayor's Office of Special Events at (713) 437-6482.

Office Hours: 8:30 a.m. - 4:45 p.m., Monday - Friday

(713) 865-4525 (Outdoor Permits)

**Information:** (713) 865-4528 (Outdoor Permits)

(713) 865-4526 (Sportsfield Rentals)

(713) 865-4527 (Sportsfield Rentals)



## **Partnering with Parks**

The Houston Parks and Recreation Department (HPARD) oversees 342 developed parks and more than 200 green spaces totaling over 38,945.42 acres of land. We are committed to providing the citizens we serve with educational and recreational programming; with responsible stewardship of Houston's parkland, greenspaces and urban forest; and with volunteering and partnership opportunities, for individuals and businesses alike, that support the City's parks.

Partnering with Parks can help your group meet organization's goals while improve the city's quality of life and providing one of the most visible and public ways to demonstrate your dedication and commitment to the environment and to the community. Public-private partnerships benefit all of us all won't you join us today to create something wonderful for all Houstonians!

Contact: Karen Cullar 713) 865-9344

karen.cullar@cityofhouston.net

#### Community Center Development

HPARD Community Centers serve as the center of the department's Recreation and Wellness programs. They provide a neighborhood gathering place and provide programming and recreational leisure activities for all ages. They foster healthy activities, volunteerism, unite families, build cultural tolerance and support seniors, youth and people with disabilities. HPARD would like to build 10 more community centers to serve a greater number of Houston's citizens.

#### Playgrounds without Limits

Playgrounds without Limits is a campaign to build inclusive playgrounds (1 in each geographic quadrant of the city) by the year 2010. These playgrounds surpass ADAaccessibility guidelines and provide a variety of play elements and activities for children of all abilities. Ramps and transfer systems address mobility issues, elements like elevated sand boxes provide children with sight impairment sensory-rich activities to enjoy and porch-swing gliders give children with wheelchairs the opportunity to enjoy a swing. Each Playground without Limits has an approximate cost of \$500,000.

#### Park Playgrounds

Playgrounds provide kids with an opportunity for **FREE** unstructured play. For children play is an important factor in how they develop both socially and physically. It offers significant health benefits a is a crucial factor in the overall well being of children. Kids who play build their confidence and learn the social skills that help them become happy, well-adjusted adults. Approximately 200 new public park playgrounds are needed in Houston of varying size and components to match the needs of the park, neighborhood andage of the children playing on them.

#### Lake Houston Wilderness Park

Lake Houston Wilderness Park Is a 4,800-acre "natural" park northeast of Houston acquired by the City from TPWD in 2006. It is managed for the City by the Houston Parks and Recreation Department. The park is on the central flyway for migratory birds of the U.S. and is recognized on the Great Texas Coastal Birding Trail (Upper). It provides camping facilities; hiking, biking and equestrian trails; water activities for kayaks and canoes; and natural areas for nature lovers and birders alike. Partnership and funding opportunities exist in many areas including the development of a Lake Houston Park Master Plan, the creation of a vehicle bridge, the development of a park headquarters and pavilion, the development of canoe and kayak facilities and the building of cabins and stables.

# **Urban Gardening**



Imagine transforming a vacant lot or empty space in your community into an urban garden. Imagine fresh vegetables, herbs, flowers, and fruit grown to feed your family, or to feed the needy. The Urban Gardening Program provides opportunities for interested community groups to transform city-owned vacant lots and select garden spots in parks into community gardens, with the assistance of the Urban Gardener. (Not all vacant lots or parks are eligible for this project). The Houston Parks and Recreation Department is here to support you! An HPARD horticulturist oversees the project and helps community gardeners register, plan, and start their garden. Urban Gardeners are responsible for obtaining resources and materials, planting seeds and plants, and doing the day-to-day maintenance of the site, including watering, fertilizing, and the most rewarding part, harvesting. Lots are annually contracted for a nominal fee on a first-come, first-served basis.

If you are interested in starting an Urban Garden in your community, contact:

Houston Parks and Recreation Department Attention: Brent Moon 601 Sawyer Houston, Texas 77007

Information: (713) 222-5550

theurbangardener@cityofhouston.net

For more information, and to see pictures of existing HPARD Urban Gardens, visit our website at http://www.houstonparks.org





## **Important HPARD Phone Numbers**

Houston Parks and Recreation Department Main Phone No.	601 Sawyer	(713) 865-4500
HPARD Urban Park Rangers Dispatch	601 Sawyer	(713) 865-4503
Park Maintenance Problems		3-1-1
Mayor's Office of Special Events (Special Events Permits)		(713) 437-6482
Mayor's Office of Special Events (Parade & Street Function Permits)		(713) 437-6294

Adoption Programs		(742) 045 4222
Adult Sports	6402 Market Street	(713) 845-1223 (713) 670-5500
Adult Sports Bulletin Board	(Phone Message Only)	(713) 672-5858
After School Enrichment Program West	601 Sawyer	(713) 865-4512
After School Enrichment Program East	601 Sawyer	(713) 865-4517
After School Enrichment Program Administration	601 Sawyer	(713) 865-9356
Athletes Seeking Knowledge Program	601 Sawyer	(713) 865-5417
Aquatics	6402 Market Street	(713) 670-5501
•		,
D-Tag (Information only)	601 Sawyer 601 Sawyer	(713) 865-4509
D-Tag (Information only)	•	(713) 865-9356
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park Golf Course	8201 John Ralston Road	(281) 458-1350
Golf-Glenbrook Park Golf Course	8205 Bayou Drive	(713) 649-8089
Golf-Gus Wortham Park Golf Course	7000 Capitol	(713) 928-4260
Golf-Hermann Park Golf Course Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf-Melrose Park Golf Course Managed by Walton Golf Enterprises		(281) 931-4666
Golf- Memorial Park Golf Course	1001 East Memorial Loop Drive	(713) 862-4033
Golf-Sharpstown Park Golf Course	6600 Harbor Town	(713) 988-2099
Houston Garden Center	1500 Hermann Circle Drive	(713) 284-1989
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Partnership Programs	601 Sawyer	(713) 865-9344
Lake Houston Park Reservations	22031 Baptist Encampment Rd. New Caney, Texas 77357	(281) 354-6881
Permits & Rentals (Outdoors)	601 Sawyer	(713) 865-4525
Permits & Rentals (Outdoors)	601 Sawyer	(713) 865-4528
Permits & Rentals (Sportsfields)	601 Sawyer	(713) 865-4526
Permits & Rentals (Sportsfields)	601 Sawyer	(713) 865-4527
Rentals The Houston Garden Center at Hermann Park	Hermann Circle Drive	(713) 284-1989
Summer Enrichment West	601 Sawyer	(713) 865-4512
Summer Enrichment East	601 Sawyer	(713) 865-4517
Summer Enrichment Program Administration	601 Sawyer	(713) 865-9356
Summer Food Service Program	6402 Market Street	(713) 676-6832
Tennis	1500 Memorial Loop	(713) 867-0440
Volunteer Programs	601 Sawyer	(713) 865-4512
Youth Sports West	601 Sawyer	(713) 865-4512
Youth Sports East	601 Sawyer	(713) 865-5420
•	•	. ,

## **HPARD Community Centers**

#### **NORTHEAST**

Clark (KM 453B) 9718 Clark, 77076 (713) 742-1497

Clinton (KM 495U) 200 Mississippi, 77029 (713) 673-0955

Finnigan (KM 494H) 4900 Providence, 77020 (713) 678-7385

Hobart Taylor\* (KM 455Q) 8100 Kenton, 77028 (713) 674-3959 CLOSED

Judson Robinson, Sr. (KM 495L) Judson Robinson, Jr. (KM533B) 1422 Ledwicke, 77029 (713) 674-2401

Lakewood (KM 455G) 8811 Feland, 77028 (713) 636-8217

Melrose (KM 413T) 1001 Canino, 77076 (281) 447-0514 YMCA

Moody (KM 453Y) 3725 Fulton, 77009 (713) 692-6925 YMCA

Selena Quintanilla Perez (Denver Harbor) (KM 494H) 6402 Market, 77020 (713) 675-2151

Shady Lane (KM 414W) 10220 Shady Lane,77093 (713) 742-1503

Swiney (KM 494J) 2812 Cline, 77020 (713) 238-2197

Tidwell (KM 454D) 9720 Spaulding, 77016 (713) 636-8221

Tuffly (KM 454X) 3200 Russell, 77026 (713) 674-2355

\* Closed For Renovations

#### **NORTHWEST**

Fonde (KM 493K) 110 Sabine, 77002 (713) 226-4466

Freed (KM 451Y) 6818 Shady Villa, 77055 (713) 682-4467

Highland (KM 451D) 3316 DeSoto, 77091 (713) 956-9137

Independence Heights (KM453N) 603 East 35th, 77022 (713) 867-0373

2020 Hermann Drive, 77004 (713) 284-1997 YMCA

Lincoln (KM 412Q) 979 Grenshaw, 77088 (281) 445-1617

Love (KM 452Z) 1000 West 12th, 77008 (713) 867-0497

Milroy (KM 452Z) 1205 Yale, 77008 (713) 867-0397

Montie Beach (KM 453X) 915 Northwood, 77009 (713) 864-6820

Proctor Plaza (KM 453X) 803 West Temple, 77009 (713) 862-6907

R. L. & Cora Johnson (KM 450A) 9920 Porto Rico, 77041 (713) 895-6141

Stude (KM 493E) 1301 Stude, 77007 (713) 867-0496

Woodland (KM 493C) 212 Parkview, 77009 (713) 867-0401

#### **SOUTHEAST**

Bessie Swindle (KM 573L) 11800 Scott, 77047 (713) 733-4581

**Beverly Hills (KM 576S)** 10201 Kingspoint, 77075 (713) 948-9065 YMCA

Charlton (KM 535P) 8200 Park Place, 77017 (713) 645-3589

Crestmont (KM 574J)

5200 Selinsky, 77048 (713) 733-2236 DeZavala (KM 495S)

7521 Ave. H., 77012 (713) 923-5163

Eastwood (KM 494T) 5020 Harrisburg, 77011 (713) 928-4801

Edgewood (KM 534X) 5803 Bellfort, 77033 (713) 734-8434

Garden Villas (KM 535W) 6720 S. Haywood, 77061 (713) 847-5168

Hartman (KM 535C) 9311 E. Ave. P., 77012 (713) 928-4803

Ingrando (KM 535F) 7302 Keller, 77012 (713) 643-4764

MacGregor (KM 534E) 5225 Calhoun, 77021 (713) 747-8650

Mason (KM 535A) 541 South 75th., 77023 (713) 928-7055

Meadowcreek (KM 535A) 5333 Berry Creek, 77017 (713) 946-9020 YMCA

Sagemont (KM 576Y) 11507 Hughes, 77089 (281) 922-2343

Settegast (KM 494N) 3000 Garrow, 77003 (713) 238-2200

#### **SOUTHWEST**

Alief (KM 529E) 11903 Bellaire, 77072 (281) 564-8130 YMCA

Almeda (KM 572Y) 14201 Almeda School Rd., 77047 (713) 434-1909

**Burnett Bayland (KM 531B)** 6200 Chimney Rock, 77081 (713) 668-4516

Cherryhurst (KM 492R) 1700 Missouri, 77006 (713) 284-1992

**Emancipation (KM 493Y)** 3018 Dowling, 77004 (713) 284-1911

Godwin (KM 531U) 5101 Rutherglen, 77096 (713) 726-7114

Hackberry Park (KM 528M) 7777 S. Dairy Ashford, 77072 (281) 776-9908

Lansdale (KM 530K) 8201 Roos, 77036 (713) 272-3668 YMCA

Linkwood (KM 532P) 3699 Norris, 77025 (713) 314-3107

Marian (KM 530X) 11101 South Gessner, 77071 (713) 773-7015

Platou (KM 571B) 11655 Chimney Rock, 77053 (713) 726-7107 YMCA

River Oaks (KM 492T) 3600 Locke Lane, 77027 (713) 622-5998

Sharpstown (KM 530F) 6600 Harbor Town, 77036 (713) 988-5328

Sunnvside (KM 533X) 3502 Bellfort, 77051 (713) 734-5061

Townwood (KM 572P) 3403 Simsbrook, 77051 (713) 434-3508

Windsor Village (KM 571P) 14441 Croquet, 77085 (713) 726-7113 YMCA

